	ALMAN	AC	
05-02-2023	9th Sunday before Easter		
	Sabbath as the Culmination	of Creation	
	ശബ്ബത്ത്: സൂഷ്ടിയുടെ പൂർണ്ണത		
	OT Isaiah 65: 17 - 25	Psalm 8:	
	Epistle Hebrews 4: 2 - 13	Gospel Mark 2: 23 - 28	
	6.00 a.m. H.E. (Tamil)	7.15 a.m. H.E. (English)	
	9.45 a.m. H.E. (Mal)	6.00 p.m. Evensong at Zenana	
10-02-2023	H E (Malayalam) Church	7.30 AM Friday	
12-02-2023	8th Sunday before Easter		
	Fall as the Violation of the purpose of Creation		
	വീഴ്ച സൃഷ്ടിയുടെ ലക്ഷ്യത്തിന്റെ ലംഘനം		
	OT Genesis 6: 1 - 13	Psalm 32:	
	Epistle Romans 7: 4 - 25	Gospel Matthew 7: 15 - 23	
	6.00 a.m. Mattins (Tamil)	7.00 a.m. H.E. (Mal) Zion hall	
	7.15 a.m. H.E. (English)	9.45 a.m. Mattins (Mal)	
17-02-2023	H E (Malayalam) Church	7.30 AM Friday	
19-02-2023	7th Sunday before Easter		
	Lent: A time of Transformation		
	നോമ്പ്: രൂപാന്തരീകരണകാല	lo	
	OT Isaiah 44: 21 - 28	Psalm 6:	
	Epistle Romans 11: 13 - 24	Gospel John 2: 1 - 11	
	6.00 a.m. H.E. (Tamil)	7.15 a.m. H.E. (English)	
	9.45 a.m. H.E. (Malayalam)	6.00 p.m. Evensong at Zenana	
22-02-2023	Ash Wednesday		
	Cross: A Call to Repentance		
	കുരിശ്: അനുതാപത്തിനുള്ള	ആഹ്വാനം	
	OT Isaiah 1: 16 - 20	Psalm 51:	
	Epistle 2 Cor 7: 8 - 16	Gospel: Mark 1: 12 - 15	
	6.00 p.m. H.E. (Malayalam)		
24-02-2023	H E (Malayalam) Church	7.30 AM Friday	
26-02-2023	6th Sunday before Easter 1st Sunday in Lent		

	The Cleansing Christ		
	ശുദ്ധീകരിക്കുന്ന ക്രിസ്തു		
	OT Zechar iah 13: 1 - 9	Psalm 130:	
	Epistle 1 John 1: 5 - 10	Gospel Mark 1: 40 - 45	
	6.00 a.m. Mattins (Tamil)	7.15 a.m. Mattins (English)	
	9.45 a.m. H.E. (Mal)	6.00 p.m. Evensong at Zenana	
03-03-2023	H. E . (Malayalam) Church	7.30 AM Friday	
05-03-2023	5th Sunday before Easter 2nd	d Sunday in Lent	
	Women's Sunday മഹായിടവക സ്ത്രീജന ഞായർ		
	Women as Change Makers		
	സ്ത്രീകൾ മാറ്റത്തിന്റെ സ്രോതസ്സ്		
	OT Numbers 27: 1 - 11	Psalm 119: 57 - 64	
	Epistle Acts 16: 11 - 15	Gospel Luke 1: 46 - 55	
	6.00 a.m. H.E. (Tamil)	7.15 a.m. H.E. (English)	
	9.45 a.m. H.E. (Mal)	6.00 p.m. Evensong at Zenana	

Thought for the Month

"People should care less about their bodies and possessions but more about their souls."

Socrates 469 BC to 399 BC. World famous philosopher, considered as the Father of Western Philosophy. His famous disciple was Plato whose wellknown disciple was Aristotle. Alexander the great was the disciple of Aristotle.

Biblical references

What profit is to a man if he gains the whole world and loses his own soul? **Matthew 16: 26**

Do not labour for the food that perishes but for the food which endures to everlasting life **John 6:27**

Athenians believed in many Gods while Socrates believed in one God who is perfect in goodness and perfect in wisdom. He was executed by forced suicide by poisoning in 399 BC.

Socrates was sentenced to death on two crimes. His crimes were

- not believing in many Gods
- by his teachings, he was corrupting the youth.