



MAY 2025

# TIDINGS

VOL : 17 NO: 5

May 1<sup>st</sup>

*World Labour Day*

*Joseph the Carpenter*

**MOTTO  
2025**

“...അമ്മയിൽ ഉറപ്പുണ്ടാവാ; അടിയൻ കേൾക്കുന്നു...” (1 ശമുവേൽ 63:10)

“...Speak, for your servant is listening...” (1 Samuel 63:10)

“...അമ്മയും; അമ്മയെ കേൾക്കുക...” (1 ശമുവേൽ 63:10)

**First Death Anniversary**  
**03-05-2025**



**Susamma John (Kunjumol)**

**W/o John Mathew**  
Patchamkulathu House (ID. J-119)  
Puthuppally Lane,  
Medical College, Trivandrum

*Safe in the arms of Jesus*

*Jennifer Thomas*  
*Thomas Stephen*  
*Shreya Thomas*  
*Rohan Thomas*

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# TIDINGS

**May 2025**

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

|    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|
|    |    |    |    | 1  | 2  | 3  |
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| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

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## *‘Vicar’s Reflections*



Greetings to you in the name of our Lord and Saviour Jesus Christ,

The Ascension of our Lord is one of the wonderful moments in the life history of Jesus. Ascension is Christ's return to the Father's right hand after defeating sin and death. The mystery and grandeur of the Ascension is mentioned in the gospel of Luke 24:50-51: "When he had led them out to the vicinity of Bethany, he lifted up his hands and blessed them. While he was blessing them, he left them and was taken up into heaven.

Like the first disciples, we are left speechless and look up, attempting to fully understand what it means.

But to understand it, we need to ascend with him, as said by St. Augustine, "Today our Lord Jesus Christ ascended into heaven; let our hearts ascend with him,"

### **The Mystery behind the Ascension**

We cannot understand the mystery of how the everlasting Son entered the very courts of heaven dressed in human flesh. Paul states, "Beyond all question, the mystery from which true godliness springs is great: He appeared in the flesh, was vindicated by the Spirit, was seen by angels, was preached among the nations, was believed on in the world, was taken up in glory."

### **How come it's a mystery?**

The Ascension of Christ reveals that a glorified humanity is now sitting at God's right hand. Instead of losing His humanity, He brought it with Him! Because the Ascension describes a human being who has been exalted and is now sitting at God's right hand.

According to Pope Leo the Great, "The glorification of Christ is our glorification; where the Head has gone before, the body is called to follow. "Are we not the body that is to be followed?"

### **01. The Ascension shares with us a radiance**

Christ's triumphal parade into the skies is known as the Ascension. But it is more than just mystery; it is majesty, grandeur, and splendour. In the words of Psalm 24, "Lift up your heads, you gates; be lifted up, you ancient doors, that the King of glory may come in!". Imagine the scene: the gates of heaven swinging wide, the Father embracing the Son, the angels welcoming their returning King. The Ascension's splendour uplifts our gaze, fortifies our hope, and establishes our purpose: to live today in the glory of the Resurrected and Ascended Christ.

### **02. Ascension exhorts us to elevate our souls.**

Ascension urges us to raise our hearts higher. The Apostle Paul writes: "Since, then, you have been raised with Christ, set our hearts on things above, where Christ is, seated at the right hand of God." (Colossians 3:1). So, Ascension reminds us that we are citizens of a Kingdom that is coming, not just the dust of this earth. It was aptly expressed by C.S. Lewis: "Aim for heaven and you will get earth thrown in; aim for earth and you will get neither". Christ is enthroned during the Ascension, not merely departing. Paul declares in Philippians 2:9, that "God exalted him to the highest place and gave him the name that is above every name."

### **3. Ascension is a commissioning, not a conclusion**

"Why are you standing here, Galilean men, staring up at the sky?" the angels asked the perplexed disciples. The same Jesus whom you saw ascend into heaven will return in the same manner. The Ascension is a commissioning of the Church, not a



conclusion. We are to go in His might and declare His glory, not just sit around doing nothing. Jesus said, "But you will receive power when the Holy Spirit comes on you; and you will be my witnesses... to the ends of the earth."

As representatives of His Kingdom, we are sent forth by our risen, ascended, and exalted Lord to do his mission.

In short, we can say that Christ is ascended and not absent, He reigns, is exalted, and is coming back.

Let's live with our eyes focused on the sky, serving actively and joyfully rather than waiting passively.

"Come, Lord Jesus!" should be repeated as the last words of Revelation. (Revelation 22:20).let that be our prayer. And may we live as citizens of the ascended King until that day of his return.

Prayerfully,  
Alex achen

## പ്രതിഫലനങ്ങൾ

നമ്മുടെ കർത്താവും രക്ഷകനുമായ യേശുക്രിസ്തുവിന്റെ നാമത്തിൽ നിങ്ങൾക്ക് ആശംസകൾ നേരുന്നു,

യേശുവിന്റെ ജീവിതചരിത്രത്തിലെ അത്ഭുതകരമായ നിമിഷങ്ങളിൽ സ്വർഗ്ഗാരോഹണം, പാപത്തെയും മരണത്തെയും പരാജയപ്പെടുത്തിയ ശേഷം പിതാവിന്റെ വലതുഭാഗത്തേക്കുള്ള ക്രിസ്തുവിന്റെ മടങ്ങിപ്പോക്കാണ്. സ്വർഗ്ഗാരോഹണത്തിന്റെ രഹസ്യവും മഹത്വവും ലൂക്കോസ് 24:50-51 ഭാഗത്തു അത് പരാമർശിച്ചിരിക്കുന്നു. 'അനന്തരം അവൻ അവരെ ബേഥാനിയോളം കൂട്ടിക്കൊണ്ടുപോയി കൈ ഉയർത്തി അവരെ അനുഗ്രഹിച്ചു. അവരെ അനുഗ്രഹിക്കയിൽ അവൻ അവരെ വിട്ടു പിരിഞ്ഞു (സ്വർഗ്ഗാരോഹണം ചെയ്തു). ആദ്യ ശിഷ്യന്മാരെപ്പോലെ, നമ്മൾ ഇന്നും നിശബ്ദരായി മുകളിലേക്ക് നോക്കി, അതിന്റെ അർത്ഥം പൂർണ്ണമായി മനസ്സിലാക്കാൻ ശ്രമിച്ചുകൊണ്ടിരിക്കുകയാണ് എന്നാൽ അത് മനസ്സിലാക്കാൻ, വിശുദ്ധ അഗസ്റ്റിൻ പറഞ്ഞതുപോലെ,

നാം അവനോടൊപ്പം സ്വർഗാരോഹണം ചെയ്യേണ്ടതായിട്ടുണ്ട്, 'ഇന്ന് നമ്മുടെ കർത്താവായ യേശുക്രിസ്തു സ്വർഗാരോഹണം ചെയ്തു; 'നമ്മുടെ ഹൃദയങ്ങൾ അവനോടൊപ്പം ഉയരട്ടെ,' (Today our Lord Jesus Christ ascended into heaven; let our hearts ascend with him)

### **സ്വർഗാരോഹണത്തിന് പിന്നിലെ രഹസ്യം (The Mystery behind the Ascension)**

ദൈവ പുത്രൻ മനുഷ്യശരീരം ധരിച്ച് സ്വർഗ്ഗത്തിന്റെ പ്രാകാരങ്ങളിൽ എങ്ങനെ പ്രവേശിച്ചു എന്നതിന്റെ രഹസ്യം നമുക്ക് മനസ്സിലാക്കാൻ കഴിയില്ല. പൗലോസ് പ്രസ്താവിക്കുന്നത് ശ്രദ്ധേയമാണ്. പൗലോസ് പറയുന്നു, എല്ലാ സംശയങ്ങൾക്കും അപ്പുറം, യഥാർത്ഥ ദൈവഭക്തി ഉണ്ടാക്കുന്ന രഹസ്യം വലുതാണ്: അവൻ ജഡത്തിൽ പ്രത്യക്ഷപ്പെട്ടു, ആത്മാവിനാൽ നീതീകരിക്കപ്പെട്ടു, ദൂതന്മാർക്ക് കാണപ്പെട്ടു, ജനതകളുടെ ഇടയിൽ പ്രസംഗിച്ചു, ലോകത്തിൽ വിശ്വസിക്കപ്പെട്ടു, മഹത്വത്തിൽ എടുക്കപ്പെട്ടു

### **സ്വർഗാരോഹണം എങ്ങനെയാണ് ഒരു നിഗൂഢതയാകുന്നത്? (How come it's a mystery?)**

ക്രിസ്തുവിന്റെ സ്വർഗാരോഹണം വെളിപ്പെടുത്തുന്നത് മഹത്വീകരിക്കപ്പെട്ട ഒരു മനുഷ്യവർഗം ദൈവത്തിന്റെ വലതുഭാഗത്ത് ഇരിക്കുന്നു എന്നാണ്. അവന്റെ മാനുഷിക ഭാവം നഷ്ടപ്പെടുന്നതിനു പകരം, മനുഷ്യത്വ ഭാവവും വഹിച്ചാണ് സ്വർഗാരോഹണം ചെയ്തത്. മറ്റൊരു വിധത്തിൽ പറഞ്ഞാൽ ഉയർത്തപ്പെട്ട ഒരു മനുഷ്യനെയാണ് സ്വർഗാരോഹണം അവതരിപ്പിക്കുന്നത്. ലിയോ പോപ്പ് പറയുന്നതനുസരിച്ച്, 'ക്രിസ്തുവിന്റെ മഹത്വീകരണം നമ്മുടെ മഹത്വീകരണമാണ്; തല മുമ്പ് പോയിട്ടത്, ശരീരം പിന്തുടരാൻ വിളിക്കപ്പെട്ടിരിക്കുന്നു. (The glorification of Christ is our glorification; where the Head has gone before, the body is called to follow) യേശുവിനെ പിന്തുടരേണ്ട ശരീരമല്ലേ നാം?

### **01. സ്വർഗാരോഹണം നമ്മോടു ഒരു തിളക്കം പങ്കിടുന്നു (The Ascension shares with us a radiance)**

ആകാശത്തിലേക്കുള്ള ക്രിസ്തുവിന്റെ വിജയഘോഷയാത്ര സ്വർഗാരോഹണം എന്നറിയപ്പെടുന്നു. എന്നാൽ അത് വെറും രഹസ്യം



മല്ല മറിച്ച് മഹത്വം, തേജസ്സ് എന്നിവയാണ്. സങ്കീർത്തനം 24 ഒൻപതാം വാക്യം പറയുന്നു, ‘വാതിലുകളേ, നിങ്ങളുടെ തലകളെ ഉയർത്തുവിൻ; പണ്ടെയുള്ള കതകുകളേ, ഉയർന്നിരിപ്പിൻ; മഹത്വത്തിന്റെ രാജാവു പ്രവേശിക്കട്ടെ. ഈ രംഗം ഒന്ന് സങ്കല്പിക്കുക: സ്വർഗ്ഗത്തിന്റെ വാതിലുകൾ വിശാലമായി തുറക്കപ്പെടുന്നു, പിതാവ് പുത്രനെ ആലിംഗനം ചെയ്യുന്നു, ദൂതന്മാർ അവരുടെ മടങ്ങിവരുന്ന രാജാവിനെ സ്വാഗതം ചെയ്യുന്നു. അങ്ങനെ സ്വർഗ്ഗാരോഹണത്തിന്റെ മഹത്വം നമ്മുടെ ലക്ഷ്യബോധത്തെ ഉണർത്തുന്നു, നമ്മുടെ പ്രത്യാശയെ ശക്തിപ്പെടുത്തുന്നു. ഉയിർത്തെഴുന്നേറ്റു ആരോഹണം ചെയ്ത ക്രിസ്തുവിന്റെ മഹത്വത്തിൽ ഇന്ന് ജീവിക്കുക എന്നതാണ് നമ്മോടു ദൈവം ആവശ്യപ്പെടുന്നത്.

**02. ആത്മാക്കളെ ഉയർത്താൻ സ്വർഗ്ഗാരോഹണം നമ്മെ പ്രബോധിപ്പിക്കുന്നു. (Ascension exhorts us to elevate our souls).**

നമ്മുടെ ഹൃദയങ്ങളെ ഉന്നതങ്ങളിലേക്കു ഉയർത്താൻ സ്വർഗ്ഗാരോഹണം നമ്മെ പ്രബോധിപ്പിക്കുന്നു.

അപ്പോസ്തലനായ പൗലോസ് എഴുതുന്നു: ‘ആകയാൽ നിങ്ങൾ ക്രിസ്തുവിനോടുകൂടെ ഉയിർത്തെഴുന്നേറ്റിരിക്കുന്നു എങ്കിൽ ക്രിസ്തുദൈവത്തിന്റെ വലത്തുഭാഗത്തു ഇരിക്കുന്നിടമായ ഉയരത്തിലുള്ളതു അന്വേഷിപ്പിൻ..’ (കൊലൊസ്സ്യർ 3:1). അതിനാൽ, ഈ ഭൂമിയിലെ ധൂളിക്കു സമാനമാണ് നാംഎങ്കിലും, വരാനിരിക്കുന്ന രാജ്യത്തിലെ പൗരന്മാരാണ് എന്ന് സ്വർഗ്ഗാരോഹണം നമ്മെ ഓർമ്മിപ്പിക്കുന്നു. സി.എസ്. ലൂയിസ് ഇത് ഉചിതമായി പ്രകടിപ്പിച്ചു: ‘സ്വർഗ്ഗത്തിനായി ലക്ഷ്യമിടുക, നിങ്ങൾ ഭൂമിയെ അനുഭവിക്കാൻ ശ്രമിക്കുകയേയില്ല; ഭൂമിയെ ലക്ഷ്യമിടുക, നിങ്ങൾക്ക് ഒന്നും ലഭിക്കില്ല.’ (Aim for heaven and you will get earth thrown in; aim for earth and you will get neither) സ്വർഗ്ഗാരോഹണ സമയത്ത് ക്രിസ്തു സിംഹാസനസ്ഥനാകുന്നു, വെറുതെ എവിടേക്കോ കയറി പോകുകയല്ല. ഫിലിപ്പിയർ 2:9ൽ പൗലോസ് പ്രഖ്യാപിക്കുന്നു, ‘അതുകൊണ്ടു ദൈവവും അവനെ ഏറ്റവും ഉയർത്തി സകലനാമത്തിനും മേലായ നാമം നൽകി.’

**3. സ്വർഗ്ഗാരോഹണം ഒരു നിയോഗമാണ്, ഒരു ഉപസംഹാരമല്ല**  
Ascension is a commissioning, not a conclusion

‘ഗലീലിയയിലെ പുരുഷന്മാരേ, നിങ്ങൾ ആകാശത്തേക്ക് ഉറ്റുനോക്കി നിൽക്കുന്നത് എന്തുകൊണ്ടാണ്?’ ആശയക്കുഴപ്പത്തിലായ

ശിഷ്യന്മാരോട് ദൂതന്മാർ ചോദിച്ച ചോദ്യമാണിത്. എന്നിട്ടു അവരോടു പറഞ്ഞു സ്വർഗ്ഗാരോഹണം ചെയ്തതായി നിങ്ങൾ കണ്ട അതേ യേശു അതേ രീതിയിൽ തന്നെ തിരിച്ചുവരും. സ്വർഗ്ഗാരോഹണം സഭയുടെ നിയോഗമാണ്, ഒരു ഉപസംഹാരമല്ല. നാം അവന്റെ ശക്തിയിൽ ലോകമെല്ലാം പോയി അവന്റെ മഹത്വം പ്രഖ്യാപിക്കണം, അലസമായി ഇരിക്കരുത് എന്ന് യേശു പറഞ്ഞു, എന്നാൽ പരിശുദ്ധാത്മാവ് നിങ്ങളുടെ മേൽ വരുമ്പോൾ നിങ്ങൾ ശക്തി പ്രാപിക്കും; നിങ്ങൾ എന്റെ സാക്ഷികളായിരിക്കുകയും ഭൂമിയുടെ അറ്റത്തോളം അത് പ്രചരിപ്പിക്കുകയും ചെയ്യും

ഉയിർത്തെഴുന്നേറ്റ, ആരോഹണം ചെയ്ത, ഉയർത്തപ്പെട്ട കർത്താവ് തന്റെ ദൗത്യം നിർവ്വഹിക്കാൻ അവന്റെ രാജ്യത്തിന്റെ പ്രതിനിധികളായി നമ്മെ അയയ്ക്കുന്നു. അവൻ വാഴുന്നു, ഉയർത്തപ്പെടുന്നു, തിരിച്ചുവരികയും ചെയ്യും. നിഷ്ക്രിയമായി യേശുവിനെ കാത്തിരിക്കുന്നതിനുപകരം സജീവമായും സന്തോഷത്തോടെയും ദൈവ/മാനവ സേവയിൽ മനസ്സു കേന്ദ്രീകരിച്ചു ഉയരങ്ങളിലേക്ക് നമ്മുടെ കണ്ണുകൾ കേന്ദ്രീകരിച്ച് നമുക്ക് ജീവിക്കാം വെളിപാട് 22:20 പറയുന്നു, ആമേൻ, കർത്താവായ യേശുവേ, വരേണമേ. അതാകട്ടെ നമ്മുടെ പ്രാർത്ഥന.

ആരോഹണം ചെയ്ത രാജാവിന്റെ തിരിച്ചുവരവ് നമുക്ക് അനുഭവേദ്യമാകും വരെ നമുക്ക് അവന്റെ സ്വന്ത പൗരന്മാരായി ജീവിക്കാം. അതിനായി ദൈവം നമ്മെ ശാക്തീകരിക്കട്ടെ

പ്രാർത്ഥനയോടെ

അലക്സച്ചൻ

### Vehicles Entry and Exit Inside Church Campus

With a view to provide smooth vehicles movement in the campus after Sunday services, kindly see that your vehicle's ENTRY is through the Centenary Hall Gate (Gate No.2) and EXIT through the upper Parking area Gate (Gate No.1). Please co-operate with Security Staff in this regard.



## വാർത്തകളും കുറിപ്പുകളും

### ആദരാഞ്ജലികൾ

ആഗോള കത്തോലിക്കാ സഭയുടെ തലവനായിരുന്ന ഫ്രാൻസിസ് മാർപ്പാപ്പയുടെ നിര്യാണത്തിൽ സഭയുടെ ദുഃഖവും ആദരാഞ്ജലികളും അർപ്പിക്കുന്നു.

പ്രകൃതി ഭംഗിയാൽ, ഭൂമിയിലെ സ്വർഗം എന്ന് വിശേഷിപ്പിക്കുന്ന ജമ്മുകാശ്മീരിലെ, ലോകോത്തര വിനോദ സഞ്ചാര കേന്ദ്രമായ പഹൽഗാമിൽ, ഭീകരാക്രമണത്തിൽ പൊലിഞ്ഞ മുപ്പതോളം ജീവനുകൾക്ക് ആദരാഞ്ജലികൾ അർപ്പിക്കുന്നു. മനുഷ്യ നന്മ ആഗ്രഹിക്കുന്ന ഏവരും ഭീകരപ്രവർത്തനങ്ങൾക്കെതിരെ അണിനിരക്കേണ്ട സമയമാണിത്.

### 1. വിശുദ്ധ വാരാചരണം

പതിവുപോലെ വിശുദ്ധ വാരം, തിങ്കൾ, ചൊവ്വ, ബുധൻ ദിവസങ്ങളിൽ കഷ്ടാനുഭവ ധ്യാനയോഗങ്ങൾ നടത്തപ്പെട്ടു. പെസഹാ വ്യാഴവും, ദുഃഖ വെള്ളിയാഴ്ചയും, ഉയിർപ്പു ഞായറാഴ്ചയും പതിവ് ആരാധനകൾ നടത്തുകയുണ്ടായി. ദുഃഖ വെള്ളി മലയാളം ആരാധനക്ക് ശേഷം ഉച്ചഭക്ഷണം (കഞ്ഞി) നൽകുകയുണ്ടായി. കൺവീനർമാരായി പ്രവർത്തിച്ച സ/ശ്രീ പി ജെ കോശി, സുബിൻ, എബി എന്നിവർക്കുള്ള നന്ദി അറിയിക്കുന്നു.

### 2. കഷ്ടാനുഭവ ഗാനസന്ധ്യ

19-4-25 ദുഃഖ ശനിയാഴ്ച വൈകിട്ട് 6 മണിക്ക് സഭയിലെ വിവിധ സംഘടനകളുടെ പങ്കാളിത്തത്തോടെ പള്ളിയിൽ വച്ച് കഷ്ടാനുഭവ ഗാനസന്ധ്യ നടത്തപ്പെട്ടു. റവ. അലക്സ് പി ഉമ്മൻ അധ്യക്ഷനായിരുന്നു. റവ. ബിനോ ജേക്കബ് സന്ദേശം നൽകി. മനോഹരമായി കഷ്ടാനുഭവ ഗാനങ്ങൾ ആലപിച്ച എല്ലാ സംഘടനകൾക്കും നന്ദി അറിയിക്കുന്നു.

### 3. യാത്രയയപ്പ്

കോയമ്പത്തൂർ ഇടവകയിലേക്കു സ്ഥലം മാറ്റം ലഭിച്ച ബിനോ അച്ചനും കൊച്ചമ്മക്കും മെയ് 11 ഞായറാഴ്ച മലയാളം ആരാധനക്ക് ശേഷം സമുചിതമായ ഒരു യാത്രയയപ്പ് നൽകുന്നതാണ്. പുതിയ

സ്ഥലത്തേക്ക് കടന്നു പോകുന്ന അച്ചനും കൊച്ചമ്മക്കും സഭയുടെ എല്ലാ ഭാവുകങ്ങളും നേരുന്നു.

#### 4. സംഘടനാ വാർഷിക റിപ്പോർട്ട് 2024-2025

വാർഷിക റിപ്പോർട്ട് ഇതുവരെയും നൽകിയിട്ടില്ലാത്ത സംഘടനകൾ ഉടനെ നൽകേണ്ടതാണ് എന്ന് ഓർമ്മിപ്പിക്കുന്നു.

#### 5. വർജ്ജന സ്ത്രോത്രകാഴ്ച

നോമ്പുകാല വർജ്ജന സ്ത്രോത്രകാഴ്ചയിൽ സഭാജനങ്ങൾ സജീവമായി സഹകരിച്ചു-നന്ദി. സ്ത്രോത്രകാഴ്ചയായി ലഭിച്ച അരിയും, സമാഹരിച്ച തുകയും അർഹതപ്പെട്ടവർക്ക് വിതരണം ചെയ്യുന്നതാണ്.

#### 6. വി.ബി.എസ് 2025

ഈ വർഷത്തെ വി.ബി. എസ്. 1-4-25 മുതൽ 10-4-25 വരെയുള്ള ദിവസങ്ങളിൽ സെന്റിനറി ഹാളിൽ വച്ച് പൂർവാധികം ഭംഗിയായി നടത്തപ്പെട്ടു. 6-4-25 വി.ബി.എസ്. ഞായറായി ആചരിച്ചു. സംഘാടകർക്കു അഭിനന്ദനങ്ങൾ!!!

മെയ് 1 ലോക തൊഴിലാളി ദിനമായി ആചരിച്ചുവല്ലോ. അധാതിക്കുന്നവരും ഭാരം ചുമക്കുന്നവരുമായുള്ളോരേ എന്റെ അടുക്കൽ വരുവിൻ, ഞാൻ നിങ്ങളെ ആശ്വസിപ്പിക്കും എന്ന ക്രിസ്തുവചനം അധാനത്തെ വിലപ്പെട്ടതായി കണ്ടുകൊണ്ട്, അധാനിക്കുന്നവരെ പരിപാലിക്കേണ്ടതിന്റെയും, തൊഴിലാളികളോട് നീതിയും ന്യായവും അനുകമ്പയും കാണിക്കേണ്ടതിന്റെയും ആവശ്യകതയെ ചൂണ്ടിക്കാണിക്കുന്നു. ഒരു സാധാരണ തൊഴിലാളി(തച്ചൻ)യായുള്ള തുടക്കം, തൊഴിലാളികൾക്ക് നൽകേണ്ട ന്യായമായ വേതനവും, തൊഴിലാളിയുടെ മൂല്യവും, ദൈവത്തിന്റെ ഔദാര്യവുമൊക്കെ പരാമർശിച്ചുകൊണ്ടുള്ള ഉപമകളും പഠിപ്പിക്കലുകളും, പാർശ്വവത്കരിക്കപ്പെട്ടവരെയും ദുർബലരെയും, പാവപ്പെട്ടവരെയും പരിപാലിക്കാനുള്ള ആഹ്വാനം, ഇവയെല്ലാം ഉറപ്പാക്കേണ്ടത് ക്രിസ്തീയ ഉത്തരവാദിത്വമാണെന്ന് മനസ്സിലാക്കിത്തരുന്ന ദൈവത്തോട് ചേർന്ന് നിന്ന് പ്രവർത്തിക്കുവാൻ ദൈവം നമ്മെ ഓരോരുത്തരെയും ശാക്തീകരിക്കട്ടെ എന്നാശംസിച്ചുകൊണ്ട്, പ്രാർത്ഥനാഭിവാദ്യങ്ങളോടെ,

സജി സാം ജോർജ്ജ്

സെക്രട്ടറി





Sowhridam - Picnic to Poovar Island Resort



Golden Age Fellowship Picnic to Kottoor



Womens Fellowship picnic to Brook N Boulders



*In fond memory of*



## **Molly Varghese**

26<sup>th</sup> November 1960 - 29<sup>th</sup> May 2015

**FARIVIEW**

TC No. 9/3643 (1 & 2)  
Chempazhanthy

**Inserted by:**

Mr. K.V. Varugheese (Husband) ID No. V025

Mr. Prem Varkey Varghese (Son) & Family

Mrs. Priya Mary Varghese (daughter) & Family

Mrs. Achamma George (sister) & Family ID No. G-035





## Organisation Corner

### ഇക്കോളജി ഫോറം

#### കൂർഗ്-പരിസ്ഥിതി പഠനയാത്രയും മൈസൂർ മിഷൻ സന്ദർശനവും

പരിസ്ഥിതി പഠനത്തോടൊപ്പം മിഷൻ സന്ദർശനവും സംയോജിപ്പിച്ചു കൊണ്ടായിരുന്നു ഇക്കോളജി ഫോറത്തിന്റെ ഈ വർഷത്തെ മൂന്നാമത്തെ യാത്ര. മൂന്ന് യാത്രകളുടെയും ചിലവുകൾ പൂർണ്ണമായും യാത്ര ചെയ്ത സഭാംഗങ്ങളാണ് വഹിച്ചത്. 34 പേർ ഉൾപ്പെട്ട യാത്രാ സംഘം കൊച്ചുവേളിയിൽ നിന്ന് മാർച്ച് 11 ചൊവ്വാഴ്ച വൈകുന്നേരം കൊച്ചുവേളി-മൈസൂർ ട്രെയിനിൽ പുറപ്പെട്ട്, 12 ബുധൻ ഉച്ചയോടെ മൈസൂർ എത്തിയ ശേഷം, മൈസൂർ മിഷൻവക സെന്റ് പോൾ സ്കൂൾ സന്ദർശിക്കുകയും മൈസൂർ മിഷന്റെ എല്ലാ പ്രവർത്തനങ്ങളും മനസ്സിലാക്കിയ ശേഷം, വൈകുന്നേരം വൃന്ദാവൻ ഗാർഡൻ സന്ദർശിക്കുകയും ചെയ്തു. 13 വ്യാഴം രാവിലെ, മൈസൂർ-കൂർഗ് പശ്ചിമഘട്ട പാതയിലൂടെ കൂർഗ് കാപ്പി തോട്ടങ്ങൾ, ഇപ്പോൾ മ്യൂസിയം ആയി രൂപം മാറിയ സെന്റ് മാർക്സ് (ആംഗ്ലിക്കൻ) ദേവാലയം, ജനറൽ തിമ്മയ്യ സ്മാരക മ്യൂസിയം, രാജാസ് സേട്ട് ഗാർഡൻ, ബൈലേക്കുപ്പയിലെ ടിബെറ്റൻ മൊണാസ്റ്ററി (ഗോൾഡൻ ടെമ്പിൾ), ടിബെറ്റൻ സെറ്റിൽമെന്റ് എന്നിവയും സന്ദർശിച്ചു. 14 വെള്ളി രാവിലെ സെന്റ് ഫിലോമിനാസ് ദേവാലയം, മൈസൂർ നഗര കാഴ്ചകൾ, എന്നിവക്ക് ശേഷം, ഉച്ചയോടെ ആരംഭിച്ച മടക്കയാത്ര, 15 ശനി 10 മണിയോടെ കൊച്ചുവേളിയിൽ തിരികെ എത്തി. മൈസൂർ എത്തിച്ചേർന്നത് മുതൽ തിരികെ പുറപ്പെടുന്നത് വരെയുള്ള യാത്രാസംഘത്തിന്റെ സകല കാര്യങ്ങളും ക്രമീകരിച്ച മിഷനറിഇൻചാർജ്ജ് റവ. ബിജിൻ ജോൺ വർഗീസ് അച്ചനും, അമിത സുസൻ മാത്യു കൊച്ചമ്മയ്ക്കും അകമഴിഞ്ഞ നന്ദി.

### Area Prayer Meetings

| Date & Time                   | Area                     | Name  | IDNo. | PageNo. | Phone      |
|-------------------------------|--------------------------|---|-------|---------|------------|
| 10-05-2025 Saturday<br>4:30pm | Nanthencode              | Mr. Kurien Eapen Thomas<br>(Koja)                   | K-038 | 207     | 8281380686 |
| 11-05-2025 Sunday<br>4:30pm   | Peroorkada               | Dr. John Ponnat                                     | J-122 | 389     | 8157098570 |
| 18-05-2025 Sunday<br>5:00pm   | Peroorkada               | Mr. M K Philip                                      | P-012 | 391     | 8137023110 |
| 18-05-2025 Sunday<br>3:30pm   | Palayam<br>Vazhuthacade  | Mrs. Molly George<br>(Centery Hall-Memorial Prayer) | M-104 | 261     | 9495629315 |
| 18-05-2025 Sunday<br>4:30pm   | Kesavadasapuram          | Mr. John Joseph (Sam)                               | J-115 | 62      | 9446215575 |
| 19-05-2025 Monday<br>4:00pm   | Kesavadasapuram          | Mrs. Mariamma John<br>(Centenary Hall)              | V-021 | 1       | 9846240796 |
| 24-05-2025 Saturday<br>4:30pm | Nanthencode              | Mr. Abraham George (Babu)                           | A-019 | 218     | 9446288522 |
| 25-05-2025 Sunday<br>4:30pm   | Peroorkada               | Mr. K M Mathew                                      | M-061 | 400     | 9544029922 |
| 01-06-2025 Sunday<br>5:00pm   | Sreekaryam<br>Pongumoodu | Mr. K.V. Varghese                                   | V-025 | 557     | 8921450223 |

#### ഏരിയ പ്രയർ കൺവീനർമാരുടെ ശ്രദ്ധയ്ക്ക്

ഏരിയ പ്രയർ കൂടിവരവ് - മീറ്റിംഗുകളുടെ വിവരങ്ങൾ,  
20-ാം തീയതിക്കു മുമ്പായി ലഭിച്ചാൽ ടൈംസിംഗിൽ  
പ്രസിദ്ധീകരിക്കുന്നതാണ്.

| ALMANAC    |   |                              |                      |
|------------|---|------------------------------|----------------------|
| 09.05.2025 | 7.30 a.m.   | Friday H.E. (Malayalam)      |                      |
| 11.05.2025 | 3 <sup>rd</sup> Sunday after Easter/Communication Sunday      |                              |                      |
| Theme      | Reflecting Divine Love through Authentic Communication        |                              |                      |
|            | ആധികാരികമായ ആശയവ്യവഹാരങ്ങളിലൂടെ ദൈവികസ്നേഹം പ്രതിഫലിപ്പിക്കുക |                              |                      |
|            | Old Testament   | Num.22:21-35                 | Psalm 8              |
|            | New Testament   | James.1:17-25                | Gospel John.8:1-12   |
|            | 5.45 a.m. Matins (Tamil)                                      | 7.15 a.m. H.E. (English)     |                      |
|            | 9.45 am Matins. (Malayalam)                                   | 7.00 am HE (Mal)             | Zion Hall            |
|            | 6.00 p.m. Evensong at Zenana                                  |                              |                      |
| 16.05.2025 | 7.30 a.m.   | Friday H.E. (Malayalam)      |                      |
| 18.05.2025 | 4 <sup>th</sup> Sunday after Easter                           |                              |                      |
| Theme      | Believing in Christ:The Truth                                 |                              |                      |
|            | ഏക സത്യമായ ക്രിസ്തുവിൽ വിശ്വസിക്കുക                           |                              |                      |
|            | Old Testament   | Ex.34:1-9                    | Psalm 119:89-96      |
|            | New Testament   | Eph.4:7-16                   | Gospel John.17:6-19  |
|            | 5.45am HE (Tamil)   | 7.15 a.m. H.E. (English)     |                      |
|            | 9.45 a.m. H.E. (Malayalam)                                    | 6.00 p.m. Evensong at Zenana |                      |
| 23.05.2025 | 7.30 a.m.   | Friday H.E. (Malayalam)      |                      |
| 25.05.2025 | 5 <sup>th</sup> Sunday after Easter                           |                              |                      |
| Theme      | Mission with Christ's Spirit                                  |                              |                      |
|            | ക്രിസ്തുവിന്റെ ആത്മാവോടൊത്തുള്ള ദൗത്യ നിർവഹണം                 |                              |                      |
|            | Old Testament   | 2 King.2:9-16                | Psalm. 105:1-11      |
|            | New Testament   | Acts 7:54-60                 | Gospel Matt.28:16-20 |
|            | 5.45 a.m. Matins (Tamil)                                      | 7.15 a.m. Matins. (English)  |                      |

| ALMANAC    |  |
|------------|--|
|            | 9.45 a.m. HE (Malayalam)      7:00 a.m. HE (Mal) Zion hall               |
|            | 6.00 p.m. Evensong at Zenana   |
| 30.05.2025 | 7.30 a.m. Friday H.E. (Malayalam)  |
| 01.06.2025 | 6 <sup>th</sup> Sunday after Easter / Student's Sunday/ വിശ്വാർത്ഥി ഞായർ |
| Theme      | Fear of the Lord as the Beginning of Wisdom                              |
|            | കർത്താവിനോടുള്ള ഭയം ജ്ഞാനത്തിന്റെ ആരംഭം                                  |
|            | Old Testament    1Kings.3:3-14      Psalm 14                             |
|            | New Testament    1John.5:13-21      Gospel Luke.10:21-24                 |
|            | 5.45.am HE (Tamil)                      7.15am HE (English)              |
|            | 9.45 HE(Malayalam)                      6.00 p.m. Evensong at Zenana     |

OBITUARY



**Mr. T A Joseph** (Joji) ID no. J-162 (page 36)  
Thottukadavil, Muttada (S/o late T. Abraham Mathen) passed away on 22-04-2025 at Chicago.

CHURCH DUES/MONTHLY SUBSCRIPTION : 2025-26

Members can pay their church subscription dues, Tidings advertisement fees, other dues through the cover at Church or at the Parsonage Office at Devasomboard junction.

The dues may be paid online after intimating by e-mail: **office@csichristchurch.org** or inform to the **Treasurer/ Account**

**CHRIST CHURCH, TRIVANDRUM**  
**FEDERAL BANK - SB: 13170100040167**  
**IFSC : FDRL0001317**

## WORK AND FAITH: FINDING PURPOSE IN LABOUR THROUGH CHRIST'S EXAMPLE



*What* happened to those Jesus healed, spoke to, and even raised from the dead? Ecclesiastical tradition helps explore what may have happened, though the Bible offers a few clues like Simon of Cyrene, mentioned as the father of Rufus (Mark 15:21, Romans 16:13) or Caiaphas (including Acts

4:6). Sometimes they followed Jesus, sometimes Jesus dissuaded them. Though Jesus did not physically meet everyone involved in his earthly ministry, Jesus fulfilled his calling to teach, heal and proclaim God's word (Matthew 9:35), completing his mission, through strife and trouble, even unto death on the cross for man's redemption. Jesus completed his work through walking in God's will, by thanksgiving and works that reflected the glory of God. Christians can also find purpose in their work in faith through Christ's life by God's calling (1 Corinthians 7:17). Job 12:7-9 is a reminder that exhorts humanity to acknowledge and honour the divine workmanship of God's hands; the animals and the earth will teach us, the birds will tell us, the fish will inform us that "the hand of the Lord has done this".

The world today is in a precarious place where material objects have taken precedence over the human spirit. Whether exhausted by basic responsibilities or pursuing abundance, many suffer physically, psychologically, and spiritually. Jesus' ministry

offers a counter to this condition. He often disentangled himself from rising demands from all quarters and renewed his purpose in communion with God by praying in isolated places or directing the disciples to go ahead of him. Christian work, therefore, begins with the knowledge that doing good work first involves full attunement to God's will and power. In her essay "Why Work?" Dorothy Sayers questions the poorly made product created with terrible skill simply because a Christian made it. Loving God and the community begins from honing excellence in skill whose work and service is a reflection of God's presence. Her catchphrase: "as we are, so we make" implies the connection of our work's quality and God's work in our work.

Keeping God at the centre of work and in peer interactions proposes a renewed way of working in the 21st century. Power dynamics in workplaces divide between the haves and have-nots. Within these tensions, something vital gives way – the spirit and soul that sustains the self and the community. Jesus was not a hermit but deeply engaged with people. His sacrificial love upon the cross was a result of working among and loving his creation unconditionally. He didn't live to serve work but showed how his work served those around him.

Consider Lazarus, whom Jesus resurrected. Tradition suggests he followed Christ until death, his tomb bearing the inscription "Lazarus of the Four-Days, the friend of Christ." Jesus' work in resurrecting Lazarus drew Jews to believe in Jesus Christ (John 11:45, John 12:9-11). Even Caiaphas, the Jewish high priest, prophesied unwittingly that Jesus was the one man to die for the people instead of the whole nation perishing (John 11:50). Despite opposition from the religious leaders, even the divine intervention of the



purpose of the work of Christ, Jesus never compromised the quality of the work in the toxic work environment. He used opposition as an opportunity to fulfill his Godly vocation. When we seek heavenly anointing upon our work, we can trust that God oversees its impact on those unknown to us, including future generations.

How does labor remain meaningful amid harsh, unfair conditions and systemic injustice? Jesus confronted authority when necessary and spoke against acts and works that did not honour God (Matthew 21:12-13). Sayers notes that the quality of work is important and the protests of workers are their responsibility towards work, fighting for honest, useful products of their labour that provide purpose. Discernment of submission to authority versus negotiation for fair treatment requires heavenly wisdom.

Centuries of industrial progress, colonization, and globalization have led to mass production, consumption, and exploitation, often leaving the modern worker feeling hollow and purposeless. Lack of contentment in work is a consequence of the knowledge of being replaceable and this erodes individuality where hypervisible contributions are demanded. Whether in factories and fields, office cubicles, the walls of their home, the kitchen, classrooms or in the digital screens, they experience the entrapment of alienation and existential crisis. These conditions have caused addictions and mental health crises. The lies of the evil one must not take precedence over the Word of God. Assert that the creator has composed and moulded us in a purposeful, loving and a valuable manner, and acknowledge 'full well' the miracle of being 'wonderfully' imagined. This moment, Christ intervenes in purposelessness, and replaces it with 'praise' in such ungraspable knowledge (Psalm 139:14). The self's creation serves God's divine purpose in the world from the labour of the Lord's hands.

Being in the world is just the beginning. As iron sharpens iron (Proverbs 27:17), the Holy Spirit sharpens the human spirit through all public and private interactions. Labour, material objects and human relationships form a Godly ecosystem where Christians are called to find value for themselves and others through productivity and interconnectedness. Under God's guidance, these interactions with others and the things used can lead to spiritual redemption in the work. For instance, in Mark 14:12-17, the disciples follow a man carrying a jar of water to his owner's house. Something as quotidian as carrying a jar of water led to the Pass-over celebration and the institution of the Holy Communion. A worldly act of work established an eternal promise; God saw the man at work, who can be interpreted as every human. Christians must remember that they are not alienated in work but are intricately connected to each individual and are part of the plans of the fulfillment of God's purpose.

Living according to God's will is to resist worldly demands in prayer and understanding. Reverence for Sabbath is an equally important part of work – to meditate on one's work, approach God, engage with the Scripture and allow the Word to transform one's life. When work generates existential questions, perfecting the craft to glorify God remains important. Recognizing self-worth, seeking God, connecting with community through work makes rest a sweet tasting assurance in God's promises. May believers always remember Matthew 11:28, placing their burdens upon Jesus and accessing his replenishing rest.

**Dr. Ann Mathew**

ID.G-008

# വിശ്വാസത്തിൻ്റെ സംഗീതം



## LEAD KINDLY LIGHT – JOHN HENRY NEWMAN

"Lead, Kindly Light" is a cherished Christian hymn written by Rev John Henry Newman in 1833, while he was recovering from a fever while on a ship from Palermo Sicily, Italy to Marseilles in France, on his way back to England.



The hymn was initially written as a poem titled 'Pillar of Cloud' in 1833 and was first published in 1834. Subsequently in 1845 it was converted into a hymn with the title 'Lead kindly light' and set to music by John B Dykes an English clergyman and composer.

John Henry Newman (21-02-1901 – 11-08-1890), a prominent 19th-century Anglican priest in England faced much adversity in his life. In 1816 his father's bank was shut down as a result of the financial collapse that followed the Napoleonic Wars. In 1821 nervousness and anxiety caused him to graduate with only a third-class degree from Trinity College Oxford University. He was however very active in the 'Oxford Movement' - a 19<sup>th</sup> century religious movement within the Church of England, that sought to revive the Catholic traditions and practises emphasising the apostolic and catholic heritage of the Church of England.

As his family continued to struggle financially Newman's sister suddenly passed away in 1828 and he was grief-stricken. He even started questioning God for suffering many adversities. In fact by the 1830s, Newman was going through a period of spiritual turmoil and his faith in God started wavering.

The Oxford Movement had a significant influence on Newman and he went to Italy to study Catholicism and converted into a catholic priest in 1830.

After a few years there, he had a conviction that the Lord still had work for him to do back home in England and longed to get back as soon as possible.

However to add to his previous troubles, during his travels in Italy, he grew dangerously ill, with gastric or typhoid fever. Newman recovered thanks to his conviction that the Lord still had work for him to do back home in England, and he took his recovery as a sign that he needed to reorder his life.

Little did Newman realise that he still had to undergo many difficulties before he would arrive in England. His health failed him when he was travelling to Palermo a port town in southern Italy and he was bedridden for three weeks. Then there was undue delay since no ship was available and after three weeks, he was finally able to leave Italy on a little orange boat bound for Marseilles France. But to his dismay, about half-way into the journey, the ship was stranded at the Straits of Bonifacio between Corsica and Sardinia for yet another week.

It was here in great anxiety that in 1833 the weakened and emotional Newman wrote a poem entitled, "The Pillar of the Cloud".

It is fair to assume that Newman took the title for his poem from Exodus 13:21. "And the Lord went before them by day in a pillar of a cloud to lead the way, and by night in a pillar of fire to give them light, so as to go by day and night." (NKJV)

The hymn emphasizes reliance on divine guidance, trust in God's timing, humility, and taking life one step at a time. History shows that the hymn has been sung during many crisis situations like:

- (i) In February 1915, a group of British troops sang 'Lead, Kindly Light' to the accompaniment of nearby artillery fire on the Western Front during the First World War.
- (ii) After two major mining disasters in the Durham Coalfield of West Stanley Colliery in England in 1882 and 1909, where 168 men and boys lost their lives, the fortunate miners who survived sang

'Lead kindly Light' to get them to safety.

- (iii) Many women sang the 'Lead kindly Light' as they were being taken to the Ravensbrück Concentration Camp by the elite S.S. (Schutzstaffel) Guards during the Holocaust years 1933 -1945 in Germany.
- (iv) After the ocean liner Titanic struck an iceberg on April 14, 1912, "Lead, Kindly Light" was sung aboard one of the Titanic's lifeboats when the rescue ship Carpathia was sighted the following morning.

To sum up, in the first stanza of the hymn, Newman calls on God – to rescue him from his triple gloom ... of homesickness, many adversities and his desire to reach his true home, heaven. He expresses his unquestioning dependence on God and that 'one step is enough' for him.

In this second stanza, Newman recalls with a sadness and remorse times from his past, when he had been proud and wilful. While lying on his sickbed, Newman had much time to think about his earlier ways, and admits that 'Pride ruled my will' and asks God for forgiveness 'remember not past years'.

In the final glorious and triumphant last stanza, we see Newman's faith and hope vanquish the gloom he was facing. He throws his cares on Christ, remembering that he been blest,

though he knows there might still be 'crag and torrents ahead till the night is gone'.

The hymn's universal themes of seeking guidance and unrelenting trust in God have made it a popular and enduring hymn, sung by people of various faiths.

The prayer in this poem asks God to show us not the distant scene, but simply the next step is enough when we trust God to lead us.

**Mohan Abraham Chandy and Sara Chandy**

ID.M-100

### **ROSTER FOR READING LESSON**

#### **ENGLISH**

| Date       | First Lesson       | Second Lesson       |
|------------|--------------------|---------------------|
| 11-05-2025 | Prof. K. V. Thomas | Mrs.Reena Thomas    |
| 18-05-2025 | Mr. Vinod Das      | Mrs. Sheila Jacob   |
| 25-05-2025 | Mr. John Kurien    | Mrs. Mary Binu      |
| 01-06-2025 | Col. Sashi Thomas  | Mrs. Preethy Koshie |

#### **MALAYALAM**

| Date       | First Lesson      | Second Lesson      |
|------------|-------------------|--------------------|
| 11-05-2025 | Mr. Boney V Sam   | Dr. Minnu Jacob    |
| 18-05-2025 | Mr. Paul C Das    | Adv. Sheeba Jacob  |
| 25-05-2025 | Mr. Abraham Korah | Mrs. Susan Thomas  |
| 01-06-2025 | Mr. D. Soman John | Mrs. K. A. Achamma |

*If anybody requires change in the date,  
please contact Church Wardens in advance*



*Passion Recital 19-04-2025*



**Youth Movement**



**Sunday School**



**Hindi Worship**



**Christu Seva**



# Passion Recital 19-04-2025



Womens Fellowship



Choir



Young Family Fellowship



Almaya Fellowship



Ecology Forum



Golden Age Fellowship



Medical Forum



*Passion Recital-19-04-2025*



**Tamil Congregation**



**Church Committee**



**Choir - Easter Recital at Jerusalem Mar Thoma Church, Nanthencode**



**Charity Work - Dorutambalam, little Flower by Christu Seva**

**PSALM - 44**

Rev. Bino Jacob

Even though Israel ultimately defeated their foes in significant ways, there must have been some setbacks along the way that deeply unsettled people; and this psalm was chanted following such a humiliating loss. Since Jehovah was their King (v.4) and had made it possible for Israel to conquer the land, why would God abandon the people while they attempted to safeguard their inheritance? The people featured in this psalm exhibit three distinct attitudes.

**Boasting in God (vv. 1-8)**

The author reviewed Israel's history since the flight from Egypt and gave God praise for everything that God had done to overcome the Canaanite nations and allow Israel to inherit their land. After driving out those people without a god from the land, God placed Israel in the country and allowed them to establish themselves and flourish. God's kindness and grace are the reasons for all of this, not Israel's worthiness (Deut. 4:34-37). According to the psalmist, Jehovah was still in charge of them and could easily lead the people to victory. The people of the nation intended that the Lord be given all the glory, not themselves.

**Forsaken, but Faithful to God (vv. 9-22)**

The Lord had been the "invisible warrior" who guided the Jewish army to victory for many years, but it appeared that God had abandoned the covenant and own people. God was allowing the enemy to slaughter them and treat them as nothing. The remaining prisoners of war were sold into slavery and dispersed to the surrounding heathen countries. These countries mocked and cursed the Jews, and they were happy that Israel had been humiliated by defeat. The day was dreary for God's people, and they were unable to comprehend what the Lord was doing. The people were led to a position of submission and prayer, by the shame and disgrace that they faced.

In Israel, the initial response to any problem was typically, “Someone has sinned.” However, the psalmist was aware that since the people were faithful to the Lord, there was no sin to confess. God could examine their hearts and thoughts and discover no evidence of a covenant violation. They were loyal to God, they had not sought assistance from idols, and now they were risking their lives to defend the land that God had so kindly bestowed upon them.

Paul’s brilliant argument in Romans 8:36 that nothing, not even failure after a record of wins, could separate God’s people from His love included a reference from verse 11 of this psalm. The defeat of Israel signified that God was allowing these things to occur in order to accomplish a purpose that only God knew. An example is the martyrdom of Stephen (Acts 6:9–8:3). Saul of Tarsus was deeply affected by Stephen’s death (Acts 22:17–21), and this surely helped him get ready for his encounter with Christ on the Damascus Road. No matter how their lives may end, God’s servants never die a meaningless death, for “Precious in the sight of the Lord is the death of His faithful ones” (Psalm 116:15).

### **Trusting in God (vv. 23-26)**

When addressing God in verse 23, the author used the word “Adonai (Lord).” This name proclaims that God is the Owner and Master of everything, including the world’s nations. The psalmist reached a point where he understood he could rely on God to manage life’s setbacks and eventually transform them into triumphs. The people of Israel had come to the place that Job reached when he said, “Though He slay me, yet will I trust him” (Job 13:15).

Even while we can’t always explain life’s so-called tragedies, particularly those that befall God’s people, Romans 8:28 says: “We know that all things work together for good for those who love God, who are called according to his purpose”. Even though we may appear to be sheep for slaughter, we are “more than conquerors through him who loved us”. (Rom. 8:37).

## HEALTHY BEGINNING AND A HOPEFUL FUTURE : A HOLISTIC AND SPIRITUAL JOURNEY

Every individual , and society as a whole ,is in the pursuit of a future that brings hope and wellness. It is but easier said than done.

Wellness is a holistic concept that encompasses physical, mental, and emotional well-being. It involves making informed choices and adopting practices that lead to a healthy and fulfilling life, balancing various aspects such as nutrition, exercise, stress management, and social connections.

Among the believers , spirituality and faith plays an important role on how we view life for oneself and the others around you.

I cannot claim to be an expert in this area but would like to share some thoughts that should lead to further introspection of one's own life and the life around you and do further research to define one's own path to a future that brings positive energy, hope and ability to confront the realities of life.

It's logical to assume that a good start is the best bet to achieve those goals. However for those of us who due to circumstances or otherwise could not have had a good start to life should also know that there is hope once the realisation of the right path dawns on them.

One shouldn't neither be ashamed in making the necessary shifts and adjustments at any point in their lives nor should they be dictated by what others around them would think.

Similarly society must be ready to accept those who are determined to change and whole heartedly support them without prejudice or judgement.

Let's now look at some of the biblical references that can assist us in defining our philosophy towards life and wellness in general.

### **1. Physical Wellness:**

1 Corinthians 6:19-20 (NIV): "Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies."

### **2. Mental and Emotional Wellness:**

Philippians 4:6-7 (NIV): "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

### **3. Spiritual Wellness:**

Matthew 6:33 (NIV): "But seek first his kingdom and his righteousness, and all these things will be given to you as well."

### **4. Social Wellness:**

Hebrews 10:24-25 (NIV): "And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching."

### **5. Overall Well-being:**

3 John 1:2 (NIV): "Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well."

These verses highlight the importance of caring for our bodies, minds, and spirits, and encourage a balanced approach to wellness that aligns with spiritual principles.

So it's important to have a life philosophy that informs the physical and social interventions that is appropriate in our lives that is not contradictory and disconnected to our belief systems.



Our impact as role models to the generation that we nurture and mentor should never be underestimated.

When you raise your children you are perfectly in your rights to raise them up in accordance with those philosophies and allow them to choose their own paths once they are adults.

Now let's look at some practical tips of healthy beginning leading on to wellness.

**1. Nutrition:** A balanced diet is fundamental to good health. Consuming a variety of nutrient-rich foods, including fruits, vegetables, whole grains, lean proteins, and healthy fats, provides the body with essential vitamins and minerals. Proper nutrition supports growth, boosts the immune system, and reduces the risk of life style and metabolic diseases like hypertension , diabetes , obesity and even prevention of cancer.

**2. Physical Activity:** Regular moderate exercise is crucial for maintaining a healthy body and mind. Engaging in physical activities such as walking, cycling, or swimming helps improve cardiovascular health, strengthen muscles, and enhance flexibility. Exercise also releases endorphins, which can elevate mood and reduce stress.

**3. Mental Health:** Mental well-being is an integral part of overall health. Practicing mindfulness, meditation, and stress management techniques can help maintain mental clarity and emotional balance. Seeking support from friends, family, or mental health professionals when needed is also important for mental resilience. To be in a positive frame of mind is much more desirable than having a suspicious and negative mindset.

**4. Preventive Care:** Regular health check-ups and screening are vital for early detection and prevention of potential health issues. Vaccinations, routine exams, and health screening can help identify risks and allow for timely interventions. It is thus good to have a family doctor to regularly consult on health issues while you are still healthy. Hope that the family doctor concept takes



roots in our land than the rush towards specialists and specialist centres is only when those are indicated.

### **A Hopeful future can thus be built through**

**1. Lifelong Learning:** Embracing a mindset of continuous learning and personal growth can lead to a more fulfilling life. Staying informed about health trends, exploring new hobbies, and acquiring new skills can enhance cognitive function and overall well-being.

**2. Community and Connection:** Building strong social connections and engaging with the community can provide a sense of belonging and purpose. Participating in group activities, volunteering, and fostering meaningful relationships contribute to emotional health and resilience.

**3. Setting Goals:** Establishing realistic and achievable health goals can provide motivation and direction. Whether it's adopting a new exercise routine, improving dietary habits, or prioritizing mental health, setting clear objectives can lead to positive changes and a sense of accomplishment.

**4. Adaptability and Resilience:** Life is full of challenges and changes. Cultivating adaptability and resilience can help individuals navigate obstacles and maintain a hopeful outlook. Embracing change, learning from setbacks, and focusing on solutions than just seeing problems are key to building a resilient future.

In conclusion healthy beginnings are the cornerstone of a hopeful future. A balanced mix of spirituality, knowledge, rationality, concern for oneself and others can bring hope, wellness, fulfilment and peace.

May God bless one and all of you and regards from all of us here in South Africa.

**Dr. Binu Luke**  
ID.B-036

(സൗത്ത് ആഫ്രിക്കയിലെ ആരോഗ്യരാശത്തെ  
പ്രശസ്തനായ ഭിഷഗ്വരനാണ് ലേഖകൻ)

## അനുഭവസാക്ഷ്യം



*Here* I am expressing my personal experience although I use a pronoun " we ".

Jesus was walking through a storm. Yes the sea was turbulent, the sky was covered with storm clouds, the winds were blowing and billowing. Jesus walked towards the boat. Peter wanted to walk over to Jesus. He knew who Jesus was. He knew that as long as Jesus was with him, no danger would befall him. And still, he was overwhelmed by the churning sea around him. All he had to do was fix his gaze on Jesus and walk towards him. But he was human. He took his eyes off the Lord. He started sinking. Until the Lord rescued him.

We are all like Peter. We know the Lord. We haven't seen him in person but we have experienced the presence of the Holy Spirit of God. We know that our help and refuge lie there. And yet when a storm billows, we look at the problem and our faith is shaken to the core. Even our fundamental faith is smashed to smithereens. And we get pulled into greater despair. ALL THE WHILE the Holy Spirit of God is standing near us and he won't allow us to be lost to the elements.

Some people needle me saying " God hasn't healed you. You are still bedridden ". Physically I still haven't made it yet but God healed me emotionally. I have learnt anger management, I harbor no resentment towards hospitals who screwed up my case, I have no bitterness towards all those people who chose to walk away when I was down, I am able counsel and encourage others going through their storms, I am able to love my fellow human beings, I always look at the good in the people I meet/interact. God has healed me so much more than I hoped for. If it is God's will, I will walk one day.

**Prem Mathew Kurien**

ID.K-034

## Donations: APRIL 2025 (As on 23-4-2025 )

|                                   |      |   |       |
|-----------------------------------|------|---|-------|
| <b>OFFERTORY</b>                  |      | Mr. Abraham Koshie                      | 500   |
| Dr. Rachel Jacob                  | 3000 | Mr. Thomas Oommen                       | 2000  |
| Dr. Jane Betsy Isaac              | 1500 | Adv. P.J.Koshy                          | 1000  |
| Mr. Thomas Oommen                 | 1000 | Mr. Nithin J Cherian                    | 3000  |
| <b>THANK OFFERTORY</b>            |      | <b>FOOD FOR THE NEEDY (CHRISTUSEVA)</b> |       |
| Mrs. Sara Easow                   | 2500 | Mrs. Annie Benjamin                     | 2000  |
| Mr. Dilip Thomas George           | 1000 | Dr. Rachel Jacob                        | 5000  |
| Mr. Ashith Dan George             | 300  | Mr. Varkey George George                | 4000  |
| Mrs. Nikitha Mariam Jacob         | 500  | Mr. Vinod John Kurien                   | 1000  |
| Mr. Roy Mathew                    | 600  | Adv. P.J. Koshy                         | 1000  |
| <b>CHURCH COMPUND MAINTENANCE</b> |      | Dr. G. George                           | 36000 |
| Dr. Rachel Jacob                  | 2000 | Mrs. Vidhya Mariam George               | 1000  |
| Mr. M.M John                      | 800  | <b>CHARITY</b>                          |       |
| Mr. P.M. Varkey                   | 1000 | Prof. Annie P.David                     | 800   |
| Mr.A.S. Abraham                   | 5000 | Mrs. Aleyamma George                    | 201   |
| <b>MEDICAL HELP</b>               |      | <b>HOME FOR HOMELESS</b>                |       |
| Mrs. Leela Joseph                 | 1000 | Mr. Thomas Oommen                       | 2000  |
| Mr. Kurien Jacob                  | 5000 | Mr. John Pothan John                    | 3000  |
| Adv. P.J.Koshy                    | 1000 | Adv. P.J.Koshy                          | 1000  |
| Mr. Nithin J Cherian              | 4000 | <b>KODITHOTTAM (SPECIAL COLLECTION)</b> |       |
| <b>EDUCATION HELP</b>             |      | A Well Wisher                           | 10000 |
| Mrs. Leela Joseph                 | 1000 | Mr. D. Soman John                       | 5000  |
| Adv. P.J.Koshy                    | 1000 | Mr. V.M. Markose                        | 5000  |
| Mr. Nithin J Cherian              | 2000 | Mr. Binu Joseph                         | 2500  |
| <b>CANCER CARE FUND</b>           |      | Mrs. Sosamma Thomas                     | 2000  |
| Mr. M.M. John                     | 1200 | A Well Wisher                           | 2000  |

### Donations: APRIL 2025 (As on 23-4-2025 )

|                         |       |                              |       |
|-------------------------|-------|------------------------------|-------|
| Mr. Rajan George        | 1000  | <b>KUTTANAD MISSION</b>      |       |
| Mrs. Mariam David John  | 2000  | Adv. P.J. Koshy              | 1000  |
| Mrs. Sheeba Anu Tharian | 2000  | Mr. Nithin J. Cherian        | 2500  |
| Mrs. Susan George       | 500   |                              |       |
| Mr. P.C. Chacko         | 2000  | <b>CITY MISSION</b>          |       |
| Mr. J Suresh Babu       | 1000  | Dr. Rachel Jacob             | 2000  |
| Mrs. Molly Mathew       | 10000 | Mr. Nithin J. Cherian        | 2500  |
| Prof Annie P. David     | 2000  | <b>HOME OF LOVE, PARAKAL</b> |       |
| Mrs. Pennamma Mathew    | 1000  | Mr. M.M John                 | 800   |
| A Well Wisher           | 5000  | Prof. Annie P. David         | 3000  |
| Mr. Daniel Roy          | 2000  |                              |       |
| Mr. Thomas George       | 7500  | <b>ASHA BHAVAN</b>           |       |
|                         |       | A Well Wisher                | 50000 |
| <b>CHARKARI MISSION</b> |       | Prof Annie P. David          | 2000  |
| Mrs. Leela Joseph       | 1000  |                              |       |
| Prof. Annie P. David    | 1500  | <b>BETHEL</b>                |       |
| Adv.P.J Koshy           | 1000  | A Well Wisher                | 50000 |
| Mr. Nithin J Cherian    | 2500  |                              |       |
|                         |       | <b>OTHERS</b>                |       |
| <b>PARAKAL MISSION</b>  |       | Mrs. Leela Joseph            |       |
| Dr. Rachel Jacob        | 4000  | (Kattarapally Mission)       | 1000  |
| Prof Annie P.David      | 2000  | Mr. M.M John (Choir)         | 400   |
| Adv. P.J. Koshy         | 1000  | A Well Wisher                |       |
| Mr. Nithin J. Cherian   | 2500  | (Missions General)           | 5000  |
|                         |       | Mrs. K.A. Achamma            |       |
| <b>MYSORE MISSION</b>   |       | (Flower's At Alter)          | 1200  |
| Mrs. Leela Joseph       | 1000  | Adv. P.J. Koshy              |       |
| Mrs. Mariam David John  | 3000  | (Telegana Mission)           | 1000  |
| Prof. Annie P. David    | 1500  | Adv. P.J. Koshy              |       |
|                         |       | (Marriage Help)              | 1000  |

**RECEIPTS & PAYMENTS ACCOUNT MARCH 2025**  
**(As approved by the Church committee meeting of April 2025)**

| RECEIPTS                           | Amount | PAYMENTS                            | Amount |
|------------------------------------|--------|-------------------------------------|--------|
| RECEIPTS: MARCH 2025               |        | 1 PF Church                         | 10560  |
| Opening Balance                    |        | 2 Salaries, Wages & Allowances      | 108720 |
| Cash in Hand                       | 1335   | 3 Security allowance                | 37965  |
| Federal Bank - SB 40167 2590056.14 |        | 4 Staff Welfare                     | 15500  |
| Federal Bank - Thottukadavil       | 72010  | 5 Central fund                      | 650000 |
| Federal Bank- Other Endmt Int      | 142360 | 6 Bank Charges                      | 163.2  |
| Federal Bank- Online SB            | 243845 | 7 Electricity Charge - Church       | 1073   |
|                                    |        | 8 Electricity Charge -              |        |
| 1 Church Offertory                 | 424183 | Asst Vicar's Res                    | 3740   |
| 2 Monthly Subscription             | 687930 | 9 Electricity Charge -              |        |
| 3 Thanks Offertory                 | 81040  | Centenary Hall                      | 1639   |
| 4 Baptism Offertory                | 1000   | 10 Water: Parsonage 1               | 1679   |
| 5 Certificate Fees                 | 300    | 11 Telephone: Parsonage 1           | 495    |
| 6 Burial & CV Fees                 | 19500  | 12 Telephone Office                 | 920    |
| 7 Church Compound Maintenance      | 11300  | 13 Internet Charges/ Video Expense  | 11840  |
| 8 Annual Thanks Giving Covers      | 21900  | 14 Holy Communion Expense           | 1200   |
| 9 Harvest Festival: Auction        | 378500 | 15 Postage                          | 2198   |
| 10 Marriage Donation               | 10000  | 16 Printing & Stationery            | 6747   |
| 11 Medical Help                    | 61700  | 17 Repairs & Maint - Centenary Hall | 1300   |
| 12 Food for the Needy              | 18000  | 18 Repairs & Maint - Church         | 21976  |
| 13 City Mission                    | 10300  | 19 Repairs & Maint -                |        |
| 14 Cancer care fund                | 59981  | Church Compound                     | 3000   |
| 15 Home for Homeless               | 17000  | 20 Repairs & Maint Parsonage 1      | 1100   |
| 16 Education Help                  | 9025   | 21 Repairs & Maintenance : office   | 2410   |
| 17 Charity                         | 25201  | 22 Repairs & Maintenance : Printer  | 450    |
| 18 Home Of Love Parakal            | 1800   | 23 Gift, Grant, Donation            | 148000 |
| 19 Kattarapally Mission            | 1000   | 24 Almaya Fellowship                | 265524 |
| 20 Andukanthada Mission            | 5020   | 25 Choir                            | 4000   |
| 21 Mysore Mission                  | 4000   | 26 Goldenage Fellowship             | 17367  |
| 22 Bengal Mission                  | 10000  | 27 Sunday School                    | 27766  |
| 23 Charkari Mission                | 3500   | 28 V.B.S                            | 24465  |
| 24 Kuttanad Mission                | 400    | 29 Womens Fellowship                | 77877  |
| 25 Parakal Mission                 | 13000  | 30 Youth Movement                   | 2414   |
| 26 Bhilai Mission                  | 5000   | 31 Education Help                   | 15000  |
| 27 Telungana Mission               | 2500   | 32 Medical Help                     | 95000  |
| 28 Sunday School                   | 55000  | 33 Home for the Homeless            | 100000 |
| 29 Almaya Fellowship               | 65450  | 34 Cancer Care Fund                 | 45000  |
| 30 Women's Fellowship              | 340030 | 35 Charity                          | 6750   |
| 31 Goldenage Fellowship            | 10000  |                                     |        |

| RECEIPTS                                   | Amount            | PAYMENTS                                 | Amount            |
|--|-------------------|--|-------------------|
| 32 Ecology Forum                           | 48008             | 36 Food for the Needy                    | 25000             |
| 33 Choir                                   | 106810            | 37 City Mission Project                  | 25815             |
| 34 Youth Fellowship                        | 57211             | 38 Charkari Mission                      | 8000              |
| 35 Young Family Fellowship                 | 51500             | 39 Kattarapally Mission                  | 100000            |
| 36 Tamil / Hindi Fellowship                | 57250             | 40 Church Tea Expense                    | 14208             |
| 37 Bible Society                           | 6000              | 41 Meeting Expense                       | 4325              |
| 38 VBS                                     | 3000              | 42 Tidings                               | 32500             |
| 39 In Lieu Of Rice                         | 200               | 43 Miscellanoues expenses                | 10455             |
| 40 PF Church                               | 5280              | 44 HF -Organizations                     | 679664            |
| 41 Medical Insurance Recovery              | 2255              | 45 TA General                            | 16494             |
| 42 Loan Recovery Staff                     | 6500              | 46 Books & Periodicals                   | 14300             |
| 43 Interest on Endowment                   | 6525              | 47 Honararium Senior clergy              | 15000             |
| 44 Interest on Cent Hall Fund              | 14850             | 48 Sale Of Books                         | 34770             |
| 45 Interest on SB Accounts<br>(General)    | 25582             | 49 Centenary Hall Caution Deposit        | 3000              |
| 46 Sundry Creditors                        | 2880              | 50 Centenary Hall<br>Development Fund FD | 562566            |
| 47 TDS deducted                            | 1060              | 51 Disbursement of Int<br>on Endowment   | 6525              |
| 48 Centenary Hall Development<br>Fund      | 3000              | 52 TDS remittance                        | 1175              |
| 49 Centenary Hall Receipt                  | 4000              | 53 Bible Society                         | 104288            |
| 50 Sale Of Books                           | 10520             | 54 Sundry Creditors                      | 24255             |
| 51 Miscellaneous Income                    | 600               | 55 Special Collection MKD                | 39610             |
| 52 Special Collection MKD                  | 40311             | 56 Advance to Others                     | 10000             |
| 53 Special Collection MKD<br>(Kodithottam) | 167500            | 57 Samla's Help                          | 13099             |
| 54 Family Vault: MKD Fees                  | 5000              | 58 Zion Hall Expenses                    | 257               |
| 55 Tidings                                 | 78000             | 59 Transfer Expenses                     | 3300              |
| 56 Refund Of Advance Others                | 52000             | 60 Gratuity Fund FD                      | 32963             |
| 57 Refund Of Advance Sexton                | 10000             | Cash In Hand                             | 203128            |
|  |                   | Federal Bank SB:40167                    | 1982900.94        |
|  |                   | Federal Bank Thottukadavil               | 72318             |
|  |                   | Federal Bank-                            |                   |
|  |                   | Other Endowment Int                      | 143147            |
|  |                   | Federal Bank - New SB                    | 272107            |
| <b>G. Total</b>                            | <b>6169008.14</b> | <b>G. Total</b>                          | <b>6169008.14</b> |

Certified that the accounts have been verified with Receipts, Vouchers, Cash Book and Ledgers

**Rev. Alex P. Oommen**  
Vicar

**Mr. D. Soman John**  
Lay Treasurer

**Mr. M. J. Kuruvilla**  
Church Warden

**Mr. Korah Abraham**  
Church Warden

**Mr. V. S. Hezakiel**  
Internal Auditor



### Birthday Greetings May 2025

| Day   | Name                        | ID          | Day   | Name                          | ID          |
|-------|-----------------------------|-------------|-------|-------------------------------|-------------|
| 1-May | Mrs. Merrin Anna Jacob      | M-116       | 3-May | Mr. Shaji T C                 | S-051       |
| 1-May | Mr. Finny C Varghese        | F-003       | 4-May | Mr. Biju Johnson Mathews      | B-025       |
| 1-May | Mr. George Thomas           | G-076       | 4-May | Mr. J A David                 | D-016       |
| 1-May | Mrs. Elizabeth Thomas       | J-019       | 4-May | Mrs. Leny Eapen               | E-004       |
| 1-May | Mr. John Thomas             | J-125       | 4-May | Mr. Prakash Paul              | New / P-049 |
| 1-May | Mrs. Natalia Mariyam George | G-091       | 4-May | Mrs. Kesiya Elsa Johnson      | T-083       |
| 1-May | Mrs. Liziamma Levi          | J-163       | 4-May | Master. Jakesh Kurian Philip  | P-022       |
| 1-May | Mrs. Vinitha George         | New / G-088 | 4-May | Mr. Rohit Rajan Eapen         | R-008       |
| 1-May | Mrs. Betsy Thomas           | T-018       | 4-May | Mrs. Maya Fenn Thomas         | R-026       |
| 1-May | Mrs. Maymol Fenn Thomas     | T-041       | 4-May | Mr. Renju Eapen Kuruvilla     | R-041       |
| 2-May | Mstr. Nikhil Thomas Abraham | A-015       | 4-May | Ms. Anchu Mariam Sam          | S-017       |
| 2-May | Mrs. Annie Benjamin Moffat  | A-118       | 4-May | Mrs. Rensy Liz Oommen         | S-098       |
| 2-May | Mrs. Sandhya Joseph         | J-074       | 4-May | Mrs. Vaivee Thomas            | T-061       |
| 2-May | Mrs. Anitha Isaac           | J-154       | 5-May | Dr. Aditya John Binu          | A-044       |
| 2-May | Mr. Kurian P John           | K-027       | 5-May | Mrs. Smitha Thomas            | B-024       |
| 2-May | Mr. Prem Varkey Varghese    | P-039       | 5-May | Master. David Nathaniel Billy | B-030       |
| 2-May | Mr. Ranjit Thomas M         | R-022       | 5-May | Mrs. Asha Mary Mathen         | G-001       |
| 2-May | Mr. Anish Abraham Philip    | R-059       | 5-May | Mrs. Gilda Thomas             | G-082       |
| 2-May | Mr. V S Samuel              | S-029       | 5-May | Mr. Joju P M                  | J-139       |
| 2-May | Prof. K V Thomas            | T-065       | 5-May | Mr. Han Abraham Joseph        | J-162       |
| 3-May | Mr. Anish Cherian           | A-094       | 5-May | Mrs. Sosamma Kuriakose        | K-026       |
| 3-May | Mrs. Grace Emily Williams   | G-084       | 5-May | Mr. Mithran K Mathew          | M-097       |
| 3-May | Master. Viaan Jerrin        | J-053       | 5-May | Mrs. Thrill Merin Mathew      | P-026       |
| 3-May | Mr. C T John                | J-111       | 5-May | Mrs. Jessy John               | R-031       |
| 3-May | Mrs. Anitha Mathew          | J-168       | 5-May | Mr. Thomas George             | T-013       |
| 3-May | Mr. Lijo C Joseph           | L-013       | 5-May | Mr. Tiju John Thomas          | T-074       |
| 3-May | Mrs. Mary Joseph            | M-037       | 5-May | Mr. T S Varghese              | V-014       |
| 3-May | Master. Robin Roy           | R-061       | 6-May | Mr. Anil Mathew               | A-088       |



Choir Picnic to Mango Meadows



Ecology Forum Tour to Mission Field Mysore



Almaya Fellowship Palani Mission Visit

But you, O LORD, are  
enthroned forever; you are  
remembered throughout all  
generations. *Psalms 102:12 (ESV)*



**Susan Rachel Thomas**  
(29/07/1947-29/05/2022)

Fondly remembered by  
Kurien Eapen Thomas (Koja)  
G. George (Aji) & Meera  
Arun Eapen & Manju  
And Grand Children

| Day    | Name                        | ID            | Day    | Name                          | ID            |
|--------|-----------------------------|---------------|--------|-------------------------------|---------------|
| 6-May  | Miss. Mariam George         | G-029         | 10-May | Mrs. Shirley Joseph           | J-150         |
| 6-May  | Mrs. Jolly Elizabeth Mathew | R-059         | 10-May | Mrs. Metty Lalan              | L-001         |
| 6-May  | Master. Tomson Jonas        | T-071         | 10-May | Mrs. Mariamma Karackal Varkey | M-060         |
| 7-May  | Mstr. Jothan Abraham Chandy | A-051         | 10-May | Mr. Mohan Kuruvilla           | M-099         |
| 7-May  | Mr. Beju Joseph             | B-010         | 10-May | Mrs. Remany Punnen            | R-039         |
| 7-May  | Mr. Mithun G Thomas         | M-118         | 10-May | Mrs. Liza Mary Sam            | S-066         |
| 7-May  | Master. Alwin I             | I-002         | 10-May | Miss. Seanna Seirah Jacob     | S-139         |
| 7-May  | Mr. Markose V M             | M-026         | 10-May | Dr. Khristine Ann Thomas      | T-025         |
| 7-May  | Mrs. Achamma Mathew         | M-072         | 10-May | Dr. Sara Varghese             | V-006         |
| 7-May  | Ms. Merene Liza Sam         | S-016         | 11-May | Mr. Ranjith Abraham           | A-007 / R-077 |
| 7-May  | Mrs. Mariamma John          | V-021         | 11-May | Mr. Abraham P                 | A-021         |
| 8-May  | Mr. Sarath David John       | S-156         | 11-May | Ms. Rea Ann Mathew            | A-053         |
| 8-May  | Mr. Joy Joseph              | J-174         | 11-May | Mrs. Sini George              | B-009         |
| 8-May  | Master. George M Koshy      | K-021         | 11-May | Mrs. Aniamma George           | G-031         |
| 8-May  | Mr. Ashley Matthew          | T-038         | 11-May | Ms. Sonia Rachel Mani         | J-060         |
| 8-May  | Mstr. Rohan Stephen Thomas  | T-063         | 11-May | Mr. John Koshy                | J-091         |
| 9-May  | Mr. Baby George             | B-004         | 11-May | Mrs. Daisy John               | R-008         |
| 9-May  | Mr. Alex Daniel             | D-012 / A-139 | 11-May | Mr. Reji Eapen Chandy         | R-035         |
| 9-May  | Mrs. Sheela Mathew          | G-037         | 11-May | Master. Rejoy Shibu Mathew    | S-062         |
| 9-May  | Master. Abey Koshy Itty     | I-005         | 11-May | Mrs. Vitty Elizabeth Mathew   | S-103         |
| 9-May  | Mr. Jacob Sanjay John       | J-025         | 11-May | Ms. Ann Della Ninan           | New / N-016   |
| 9-May  | Mr. Kim Kurien Joseph       | J-166         | 11-May | Mr. M J Thomas                | T-075         |
| 9-May  | Mrs. Valsamma Mathew        | M-063         | 12-May | Mrs. Tripti Jacob             | A-048         |
| 9-May  | Mr. Pratish Alex Pothan     | P-036         | 12-May | Mr. Arun Jacob                | A-125         |
| 9-May  | Mr. Roby Jacob Daniel       | R-074         | 12-May | Ms. Sneha Acha Mathew         | B-022         |
| 9-May  | Mrs. Bala Elizabeth Jacob   | S-107         | 12-May | Mstr. Ryan Mathews Johnson    | B-025         |
| 9-May  | Master. Jerin K Thomas      | T-030         | 12-May | Mrs. Anu John Abraham         | B-033         |
| 10-May | Col. P George Thomas        | G-051         | 12-May | Mrs. Betty K George           | B-044         |
| 10-May | Mr. Jeffrey J Eapen         | J-095         | 12-May | Master. Johan Koshy           | J-078         |



| Day    | Name                                 | ID          | Day    | Name                        | ID            |
|--------|--------------------------------------|-------------|--------|-----------------------------|---------------|
| 12-May | Mr. John J Thomas                    | J-131       | 15-May | Mr. Joshy Mathew K          | B-050         |
| 12-May | Ms. Michelle Abigail Sara ManojM-011 |             | 15-May | Dr. Cherian Jacob           | C-012         |
| 12-May | Mrs. Mary John                       | M-035       | 15-May | Ms. Nisha Daniel            | D-012         |
| 12-May | Mrs. Jessy Thomas                    | New / J-197 | 15-May | Mr. George K J              | G-050         |
| 12-May | Mr. Rays John Koshy                  | R-026       | 15-May | Mr. Jongee Chandy           | G-080 / J-205 |
| 12-May | Mrs. Rani Sudheesh                   | S-094       | 15-May | Mr. Kevin V Jacob           | J-027 / K-052 |
| 12-May | Mrs. Rani Mathew Korah               | S-146       | 15-May | Mrs. Nija Ann Koshy         | J-071         |
| 13-May | Mrs. Mariamma Abraham                | A-013       | 15-May | Mrs. Elizabeth Koshy        | K-047         |
| 13-May | Mrs. Achamma George                  | A-083       | 15-May | Mrs. Manju Annie George     | S-153         |
| 13-May | Mr. Bejoy Cherian Thomas             | B-008       | 15-May | Mrs. Mridu Grace Varghese   | O-007         |
| 13-May | Mr. Chacko John Punnen               | C-002       | 15-May | Mrs. Marykutty C Baby       | P-004         |
| 13-May | Mrs. Shashee Susan Daniel            | D-004       | 15-May | Miss. Talia Mariam Philip   | P-026         |
| 13-May | Mrs. Marykutty Mathew                | M-074       | 15-May | Ms. Anisha Mary Sajit       | S-009         |
| 13-May | Mr. Nebu Mathew                      | N-002       | 15-May | Mrs. Susan George           | S-123         |
| 13-May | Mr. Zubin Joseph                     | Z-004       | 15-May | Mr. Sabu Jacob              | S-139         |
| 13-May | Mrs. Elizabeth Suresh                | S-118       | 15-May | Mrs. Jaya Thampi Joseph     | T-002         |
| 13-May | Mrs. Jaya Annamma VargheseV-015      |             | 15-May | Mr. Thomas T K              | T-062         |
| 13-May | Mrs. Veena Acha Kuruvilla            | V-043       | 15-May | Miss. Diya Mariam M V       | V-030         |
| 14-May | Miss. Tania Sara Binu                | B-039       | 16-May | Mrs. Lily Abraham           | A-003         |
| 14-May | Mrs. Reena John                      | J-115       | 16-May | Miss. Naomi Maria Jones     | B-037         |
| 14-May | Mrs. Aleyamma Kurien                 | K-032       | 16-May | Ms. Vineetha Rebecca Chacko | C-029         |
| 14-May | Mr. Kuruvilla Varughese              | K-041       | 16-May | Mr. Jerrin John             | J-053         |
| 14-May | Mr. Oommen K Oommen                  | M-043       | 16-May | Mrs. Ashbey Jerry           | J-064         |
| 14-May | Mstr. Jacob Kurien Pothen            | J-196       | 16-May | Mr. John Eapen              | J-121         |
| 14-May | Mrs. Merin George                    | P-033       | 16-May | Mrs. Mini Korula Varghese   | K-009         |
| 14-May | Mrs. Annie Joseph                    | S-141       | 16-May | Mrs. Leelamma Jacob         | L-006         |
| 14-May | Mstr.Jeremy Varghese ThomasT-033     |             | 16-May | Ms. Manna Elsa Mathew       | M-109         |
| 14-May | Mrs. Nisha Thomas                    | V-031       | 16-May | Mr. Navin Samuel Mathew     | N-007         |
| 15-May | Mrs. Annie George                    | A-125       | 16-May | Dr. Praveen S Jose          | New / P-045   |

| Day    | Name                       | ID            | Day    | Name                      | ID          |
|--------|----------------------------|---------------|--------|---------------------------|-------------|
| 16-May | Mr. Rohit Thomas           | A-098 / R-087 | 19-May | Master. Eathan Samuel     | S-025       |
| 16-May | Ms. Shruti Susan Varughese | T-025         | 19-May | Ms. Roshni Susan Thomas   | S-124       |
| 16-May | Mr. Wesley Matthew         | T-038         | 19-May | Mr. Thampy P J            | T-003       |
| 17-May | Mrs. Runa Billy            | B-030         | 19-May | Mrs. Thankamma George     | T-004       |
| 17-May | Miss. Tiya Mary George     | D-026         | 19-May | Master. Mathew K Thomas   | T-048       |
| 17-May | Miss. Kavya Philo John     | G-052         | 19-May | Miss. Annabelle E Koshy   | V-032       |
| 17-May | Mrs. Elizabeth Kuruvila    | K-046         | 20-May | Mrs. Preeta Koshie        | A-012       |
| 17-May | Master. Ryan Roy           | R-009         | 20-May | Mr. Abraham Koshy         | A-020       |
| 17-May | Mrs. Meena Thomas          | S-106         | 20-May | Mr. Anoop T Mathew        | A-119       |
| 17-May | Mrs. Cicy Thomas           | T-033         | 20-May | Mr. George Cherian        | G-020       |
| 17-May | Mr. P M Varkey             | V-023         | 20-May | Mrs. Sherly George        | G-070       |
| 18-May | Miss. Leah Marie Abraham   | A-121         | 20-May | Mr. John Thomas           | J-118       |
| 18-May | Mrs. Simi Solomon          | C-019         | 20-May | Mr. P J Joseph            | J-159       |
| 18-May | Mrs. Elizabeth Oommen      | E-014         | 20-May | Prof. Kurien George       | K-036       |
| 18-May | Mr. George Daniel          | G-010         | 20-May | Mr. Manu Isaac Mathew     | M-015       |
| 18-May | Mrs. Nancy Johns           | G-068         | 20-May | Mrs. Rekha S Joseph       | S-053       |
| 18-May | Mr. Issac N S              | I-010         | 20-May | Mr. Sunil Thomas          | S-106       |
| 18-May | Dr. Susan Philip           | J-113         | 20-May | Mr. Mathew Thomas         | T-066       |
| 18-May | Mrs. Aleyamma Kurien       | K-037         | 20-May | Mrs. Leya Issac           | New / N-016 |
| 18-May | Mr. Ashwin John Samuel     | S-030         | 21-May | Mr. Anish Paul            | A-091       |
| 19-May | Mrs. Victoria Abraham      | A-011         | 21-May | Mrs. Suby Jo Varghese     | J-127       |
| 19-May | Dr. Anna Jacob             | A-047         | 21-May | Mr. Philip Varghese       | P-024       |
| 19-May | Ms. Ria Mariam Joseph      | B-049         | 21-May | Mstr. Josiah Thomas Jacob | R-067       |
| 19-May | Mr. Deepak Joseph Mathew   | D-019         | 21-May | Mr. Shabu Itty            | S-050       |
| 19-May | Mstr. Joshua George Koshie | G-014         | 21-May | Mr. Shaji Kuruvilla Itty  | S-052       |
| 19-May | Mrs. Shanthi Beulah        | G-086         | 21-May | Mrs. Sheela R             | S-054       |
| 19-May | Mr. John Varughese         | J-114         | 21-May | Mrs. Mary Thomas          | T-037       |
| 19-May | Mrs. Rosamma T J           | M-088         | 21-May | Mr. Anish Varghese        | V-012       |
| 19-May | Mrs. Jiji Raja             | R-004         | 21-May | Dr. Viju Varghese Thomas  | V-045       |



| Day    | Name                          | ID            | Day    | Name                                | ID            |
|--------|-------------------------------|---------------|--------|-------------------------------------|---------------|
| 22-May | Mr. Avinash George Daniel     | A-132         | 24-May | Mrs. Merin Abraham                  | R-003         |
| 22-May | Master. Eathan Blessen George | B-045         | 24-May | Mrs. Kavitha Mariyam Satheesh       | S-128         |
| 22-May | Miss. Alisha Anna Joseph      | B-046         | 24-May | Mrs. Susan John B                   | T-003         |
| 22-May | Mrs. Preethy Mathew           | D-031         | 24-May | Miss. Sherin Susan Thomas           | T-014         |
| 22-May | Mrs. Divya Susan Varkey       | G-044         | 24-May | Mr. Varkey G George                 | V-020         |
| 22-May | Mrs. Susy Kurian              | K-030         | 24-May | Mr. Vibin Oommen Thomas             | V-028         |
| 22-May | Mrs. Bindu Philip             | P-025         | 25-May | Master. Asher John Abraham          | A-099         |
| 22-May | Ms. Sandra Shali Joseph       | S-056         | 25-May | Mrs. Shalini Varghese               | G-027         |
| 22-May | Mrs. Mary S                   | S-084         | 25-May | Mr. Jacob Varghese V                | J-052         |
| 22-May | Mr. Ashok Thomas              | S-124 / A-152 | 25-May | Mr. E Jobi                          | J-081         |
| 23-May | Prof Dr. Binu Luke            | B-036         | 25-May | Mrs. Achamma Thomas                 | J-093         |
| 23-May | Miss. Sera Elizabeth Dileep   | D-024         | 25-May | Mrs. Priya Elizabeth John           | J-097         |
| 23-May | Mrs. Praseeda George          | G-026         | 25-May | Mrs. Rajamma Kurien                 | K-036         |
| 23-May | Mrs. Sailaja Jacob            | J-011         | 25-May | Mrs. Marykutty Abraham Philip       | M-046         |
| 23-May | Mrs. Alli Jacob               | J-030         | 25-May | Mrs. Remani Mathew New /            | M-114         |
| 23-May | Mr. Raj Paul                  | New / G-089   | 25-May | Mr. Sugukutty M Korulla             | S-097         |
| 23-May | Mstr. Johann Jacob Samuel     | P-045         | 25-May | Mrs. Molly Thomas                   | S-136         |
| 23-May | Mrs. Esther Chandy            | R-035         | 26-May | Mstr. Matthew Kayalakkakathu Mathen | A-005         |
| 23-May | Mrs. Meenu Mariam Verghese    | T-084         |        |                                     |               |
| 24-May | Mr. Abraham John              | A-007         | 26-May | Mrs. Anitha J                       | A-095         |
| 24-May | Master. Jake Abraham          | A-016         | 26-May | Master. Kevin Mathew Tharian        | B-020         |
| 24-May | Mrs. Valsa Abraham            | A-019         | 26-May | Mr. Bigi V Mathews                  | B-022         |
| 24-May | Mr. Abraham G George          | A-026         | 26-May | Mr. Babu Sebastian                  | B-044         |
| 24-May | Mrs. Ann Joshua               | A-130         | 26-May | Mr. Shibu J Daniel                  | D-011         |
| 24-May | Mrs. Manju Balu Abraham       | B-005         | 26-May | Mr. Emmel Thomas                    | E-011 / E-023 |
| 24-May | Miss. Emy Susan Cherian       | C-011         | 26-May | Mrs. Nimmy Ann Mathew               | J-200         |
| 24-May | Mstr. Adam John Varghese      | G-006         | 26-May | Mstr. Aaron Abraham Philip          | P-015         |
| 24-May | Miss. Kripa Mary Mathew       | M-070         | 26-May | Mrs. Jaisy Susan Rajan              | R-011         |
| 24-May | Mr. K Mathen Mathew           | M-109         | 26-May | Mr. Sunil Jacob Moffat              | S-104         |

| Day    | Name                         | ID          | Day    | Name                         | ID            |
|--------|------------------------------|-------------|--------|------------------------------|---------------|
| 26-May | Mrs. Rini Suresh             | S-116       | 29-May | Mr. Ashwin Raj               | S-081 / A-153 |
| 26-May | Miss. Christy Ann Suresh     | S-121       | 29-May | Mr. Vinod Thomas             | V-036         |
| 27-May | Mr. Vijoy Abraham            | A-018       | 29-May | Mr. Vivin John Kurian        | V-039 / V-056 |
| 27-May | Mrs. Celene Susan Binu       | B-038       | 30-May | Mrs. Asha Liza John          | A-007 / R-077 |
| 27-May | Mstr.Rohaana John Joseph     | B-049       | 30-May | Mr. Abraham Koshie           | A-012         |
| 27-May | Mrs. Meenu Chandy            | C-005       | 30-May | Mrs. Mercy Alex              | A-060         |
| 27-May | Master. Adwin Immanuel       | I-002       | 30-May | Mr. C Daniel Thomas          | D-007         |
| 27-May | Mr. Sajith Johnson           | J-134       | 30-May | Mrs. Elizabeth George        | G-029         |
| 27-May | Mrs. Betty John              | M-026       | 30-May | Mrs. Mercy George            | G-077         |
| 27-May | Mr. Prince George Punnen     | P-040       | 30-May | Mr. Jacob John               | J-030         |
| 27-May | Mrs. Preetha Philip          | R-045       | 30-May | Mr. Jacob Mammen             | J-031         |
| 27-May | Mrs. Sheetal Thampy          | S-034       | 30-May | Mrs. Thankamma Koshy         | T-085         |
| 27-May | Mrs. Lisamma Shali           | S-056       | 30-May | Mr. Rajeev P M               | R-014         |
| 27-May | Mrs. Sunitha Lal P           | S-110       | 30-May | Mr. C Sukumaran              | S-099         |
| 28-May | Mrs. Nisha Anish             | A-094       | 30-May | Mstr.Ryan David John         | S-133         |
| 28-May | Mrs. Sincy Rosy Varghese     | B-025       | 31-May | Mrs. Anu A Eapen             | A-023         |
| 28-May | Mr. George Cheriyan Karimbil | G-042       | 31-May | Mrs. Nisha Varkey            | A-124         |
| 28-May | Ms. Jilu Job                 | J-080       | 31-May | Mr. Binu Joseph              | B-041         |
| 28-May | Mrs. Chinnamma John          | J-089       | 31-May | Mrs. Saramma Cherian         | C-018         |
| 28-May | Mr. John Joseph              | J-115       | 31-May | Mrs. Reena David             | D-017         |
| 28-May | Mrs. Leelamma John           | K-027       | 31-May | Mr. Renji G Mathews          | G-034         |
| 28-May | Mrs. Aleyamma Mathew         | M-061       | 31-May | Mrs. Smitha B Kuruvilla      | J-014         |
| 28-May | Mr. Benny Mathew Kuruvila    | B-054       | 31-May | Mrs. V S Saramma             | J-146         |
| 28-May | Mr. Solomon Jacob            | New / S-149 | 31-May | Miss. Rebecca Joshua Knox    | J-168         |
| 29-May | Dr. Jacob S Mathew           | J-015       | 31-May | Mr. Jubin George Kurien      | J-203         |
| 29-May | Mstr.Mayden James Solomon    | J-069       | 31-May | Mrs. Achsah Mariam Abraham   | R-088         |
| 29-May | Ms. Joann Mary Koshy         | K-017       | 31-May | Mr. Kevin P Varghese         | P-005         |
| 29-May | Miss. Annie Nirmala Markose  | M-026       | 31-May | Rev. Shiju Samuel            | S-064         |
| 29-May | Mrs. Sheba Philip            | S-059       | 31-May | Mr. Rolls Thomas Kuzhimannil | T-064         |

**Wedding Anniversaries - MAY 2025**

| <b>Day</b> | <b>Name</b>                      | <b>ID</b> |
|------------|----------------------------------|-----------|
| 01-May     | John Mathew (Mr & Mrs)           | J-112     |
| 01-May     | Shaji K J (Mr & Mrs)             | S-054     |
| 01-May     | Thomas Thomas (Mr & Mrs)         | T-053     |
| 02-May     | Ashok David Thomas (Mr & Mrs)    | A-096     |
| 02-May     | John Eapen (Mr & Mrs)            | J-121     |
| 02-May     | Sanish Koshi Jacob (Mr & Dr)     | S-032     |
| 03-May     | Jasac Ariat (Mr & Mrs)           | J-059     |
| 03-May     | Roy Philip (Mr & Mrs)            | R-062     |
| 04-May     | Jacob Thomas (Mr & Mrs)          | J-003     |
| 04-May     | John Sajit Edwin (Dr & Mrs)      | J-084     |
| 04-May     | A M Mathew (Dr & Mrs)            | M-066     |
| 05-May.    | Thomas Luke William (Mr & Mrs)   | T-076     |
| 06-May     | Bigi V Mathews (Mr & Mrs)        | B-022     |
| 06-May     | Dilip George Verghese (Mr & Mrs) | D-026     |
| 06-May     | Jogan Easow Mathew (Mr & Mrs)    | J-082     |
| 06-May     | Samuel John (Mr & Mrs)           | S-021     |
| 06-May     | C Santhosh (Mr & Mrs)            | S-143     |
| 07-May     | Anil T George (Mr & Mrs)         | A-087     |
| 07-May     | John Joseph (Mr & Mrs)           | J-115     |
| 07-May     | John J Thomas (Mr & Mrs)         | J-131     |
| 07-May     | Sunder Manuel (Mr & Mrs)         | S-102     |
| 07-May     | John Vibin (Mr & Mrs)            | J-206     |
| 08-May     | Thomas John (Mr & Mrs)           | T-015     |
| 08-May     | T S Varghese (Mr & Mrs)          | V-014     |
| 09-May     | Abraham Varghese (Mr & Mrs)      | A-036     |
| 09-May     | George Ninan (Mr & Mrs)          | G-058     |

|        |                                   |               |
|--------|-----------------------------------|---------------|
| 09-May | Suraj Philip Jacob (Mr & Mrs)     | S-112         |
| 09-May | Chandra Merson Kenneth (Mr & Mrs) | New / C-033   |
| 09-May | Nikhil Abraham (Mr & Mrs)         | A-007 / N-014 |
| 10-May | P K Mathew (Mr & Mrs)             | M-063         |
| 10-May | Santhosh Mathew John (Mr & Mrs)   | S-035         |
| 11-May | Jerrin John (Mr & Mrs)            | J-053         |
| 11-May | Binu Samuel Varghese (Mr & Mrs)   | B-035         |
| 12-May | Binu Lionel Jones (Mr & Mrs)      | B-037         |
| 12-May | George Chandy (Dr & Dr)           | G-067         |
| 12-May | Saji Thankachan (Mr & Mrs)        | New / S-153   |
| 12-May | Thomas Mathew (Mr & Mrs)          | T-027         |
| 13-May | Vijayaanand NS (Mr & Mrs)         | D-036 / V-051 |
| 14-May | George Varghese (Mr & Mrs)        | G-069         |
| 14-May | Varghese Enathickal V (Rev & Mrs) | V-009         |
| 14-May | Ranjith Abraham (Mr & Mrs)        | A-007 / R-077 |
| 15-May | Edwin Paul K (Mr & Mrs)           | E-009         |
| 15-May | John Andrews (Mr & Mrs)           | J-104         |
| 17-May | George John Varghese (Mr & Mrs)   | G-006         |
| 17-May | Jacob John (Mr & Mrs)             | J-030         |
| 17-May | John Koshy (Mr & Mrs)             | J-091         |
| 17-May | M Koshy John (Mr & Mrs)           | K-011         |
| 18-May | Issac I Simpson (Mr & Mrs)        | I-012         |
| 18-May | Jacob Koshy (Mr & Mrs)            | J-032         |
| 18-May | K M Mathew (Mr & Mrs)             | M-056         |
| 18-May | Mathew Abraham (Mr & Mrs)         | M-080         |
| 18-May | Thampy P J (Mr & Mrs)             | T-003         |
| 19-May | Abhilash V Jacob (Dr & Dr)        | A-002         |
| 19-May | Abraham J Ampattu (Mr & Mrs)      | A-010         |
| 19-May | George Thomas (Mr & Mrs)          | G-044         |

|        |                                  |               |
|--------|----------------------------------|---------------|
| 19-May | Issac N S (Mr & Mrs)             | I-010         |
| 19-May | Philip Samuel (Mr & Mrs)         | P-020         |
| 19-May | Samuel Koilraja (Mr & Mrs)       | S-026         |
| 19-May | Zachariah P Zachariah (Mr & Mrs) | New / Z-005   |
| 20-May | Christi G Mathai (Mr & Mrs)      | C-026         |
| 20-May | M V Daniel (Mr & Mrs)            | D-011         |
| 20-May | George Boby Koruth (Mr & Dr)     | G-018         |
| 20-May | Raja J (Mr & Mrs)                | R-004         |
| 20-May | Saki Koshy Abraham (Mr & Mrs)    | S-014         |
| 21-May | George Koshie (Mr & Mrs)         | G-014         |
| 21-May | Kurien George (Lt Col Dr & Mrs)  | K-039         |
| 21-May | Dinny George (Mr & Mrs)          | L-001 / D-042 |
| 22-May | K V Cherian (Mr & Mrs)           | C-020         |
| 22-May | John Eapen (Mr & Mrs)            | J-107         |
| 22-May | Korula Varghese (Dr & Mrs)       | K-009         |
| 22-May | Philip K Thomas (Mr & Mrs)       | P-011         |
| 22-May | Roy Mathew (Mr & Mrs)            | R-065         |
| 22-May | Sudheesh Jacob Mathew (Mr & Mrs) | S-094         |
| 22-May | Thomas George (Mr & Mrs)         | T-013         |
| 22-May | Babu Zachariah (Prof & Mrs)      | New / B-053   |
| 22-May | K V Thomas (Prof & Prof)         | T-065         |
| 23-May | Abraham John (Mr & Mrs)          | A-099         |
| 23-May | Mani Joseph (Mr & Mrs)           | M-008         |
| 24-May | George Thomas K (Mr & Mrs)       | G-023         |
| 24-May | Jiju Philip Thomas (Mr & Mrs)    | J-073         |
| 24-May | Jinu Kurien Koshy (Mr & Mrs)     | J-078         |
| 24-May | Manu Isaac Mathew (Mr & Mrs)     | M-015         |
| 24-May | Roy Jacob Mathew (Mr & Mrs)      | R-063         |
| 24-May | S Prakash (Mr & Mrs)             | S-022 / P-046 |

|        |                                   |               |
|--------|-----------------------------------|---------------|
| 25-May | George Thomas Parackal (Mr & Mrs) | G-064         |
| 25-May | Roy Mathew (Mr & Mrs)             | R-069         |
| 26-May | Regi Luke (Mr & Mrs)              | R-031         |
| 26-May | Shaju Mathen (Mr & Mrs)           | S-055         |
| 27-May | Matthew Matthew (Very Rev & Mrs)  | M-076         |
| 27-May | Reny G (Mr & Mrs)                 | New / R-078   |
| 27-May | T M Punnen (Capt & Mrs)           | P-043         |
| 27-May | Vivin John Kurien (Mr & Mrs)      | V-039 / V-056 |
| 28-May | Abraham Jacob Eapen (Mr & Mrs)    | A-016         |
| 28-May | Arun Eapen (Mr & Mrs)             | A-126         |
| 28-May | Donnie Philip (Mr & Mrs)          | D-032         |
| 28-May | George Mathen (Dr & Mrs)          | G-062         |
| 28-May | Mathew Jacob (Mr & Mrs)           | M-058         |
| 28-May | K Mathew Kurien (Mr & Mrs)        | M-068         |
| 28-May | Akash Kurian John (Mr & Mrs)      | K-027 / A-138 |
| 28-May | Shibu Mathen (Mr & Mrs)           | S-062         |
| 29-May | Abraham Koshie (Mr & Mrs)         | A-012         |
| 29-May | Balu Abraham Varghese (Mr & Mrs)  | B-005         |
| 29-May | Job J (Mr & Mrs)                  | J-080         |
| 29-May | John Valliattu (Dr & Dr)          | J-185         |
| 29-May | Nebu Mathew (Mr & Mrs)            | N-002         |
| 29-May | Thomas Prakash Chandy (Mr & Mrs)  | T-022         |
| 29-May | Mathew John (Mr & Mrs)            | J-093 / M-115 |
| 30-May | John Kurien (Dr & Mrs)            | J-096         |
| 30-May | Philip George (Mr & Mrs)          | P-016         |
| 30-May | Thomas Koshie (Mr & Mrs)          | T-009         |
| 30-May | Vijin Koshy Kurien (Mr & Mrs)     | V-039 / V-052 |
| 31-May | Solomon Jacob (Mr & Mrs)          | New / S-149   |
| 31-May | Pradeep James Joseph (Mr & Mrs)   | P-032         |



# *The Ascension*



*When he had led them out to the vicinity of Bethany  
he lifted up his hands and blessed them  
While he was blessing them  
he left them and was taken up into heaven  
Luke 24:50-51*

**Fifth Death Anniversary**

**15-05-2025**

*In Fond Memory of*



**Dr. W. K. Joseph**

Wattasseril

Ulloor, Akkulam Road

Remembered by:

Mrs. Aleyamma Joseph [ID J - 075]

Jasmine, Jolly, Allen

Jim, Rekha, Jeeva, Joyce



WELCOME